

OCTOBER 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Menus are subject to change.				1 Biscuits & Gravy Grilled Cheese	2	3
4	5 Breakfast Casserole Chicken Sandwich	6 Coffee Cake Goulash	7 Toast & Eggs Fish Sticks	8 Breakfast Burrito Beef & Noodles	9	10
11	12 Pancake Sandwich Salisbury Steak	13 Breakfast Bowl Chicken Quesadilla	14 Cereal Breakfast for Lunch	15 Ham Steaks Chicken Drummies	16	17
18	19 Tornadoes Country Fried Steak	20 Frudel Orange Chicken	21 Cereal Bar Hot Dogs	22 Chicken & Waffles Ham & Cheese Melt	23	24
25	26 Bacon & Eggs Chili	27 Breakfast Corndog Chicken Nachos	28 French Toast Hamburger Helper	29 Cream Cheese Bagels Ribs	30	31
NOTES: Choice of 1% White Milk, Skim Chocolate or Skim Strawberry Milk served daily. Alternate Lunch choices are PBJ(Mon, Wed), Deli Sandwich(Tue, Thur), Chef Salad(includes a bread) is available Daily. Alternate choices only replace the Main Entree, all sides can still be chosen. Menu subject to change without notice.						

* In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.



Hay Springs School Cafeteria

- Breakfast menus
- PK - 12 Lunch menus
- All menus are served with milk. Water is available in the lunchroom area.
- Salad Bar is offered daily unless posted.