

Leyton JH Track and Field Meet

Thursday, April 9, 2026

SCHEDULE OF EVENTS:

9:00 AM – FIELD EVENTS: Long jump, Triple Jump, and Pole Vault are located South of the football field.
Shot Put and Discus are East of the football field.
There will be 4 attempts and no finals in LJ, TJ, S, D

<u>LONG JUMP</u>	<u>POLE VAULT</u>	<u>DISCUS</u>	<u>SHOT PUT</u>	<u>HIGH JUMP</u>	<u>TRIPLE JUMP</u>
GIRLS	BOYS	BOYS	GIRLS	GIRLS	BOYS

Immediately after the conclusion of the previous

<u>LONG JUMP</u>	<u>POLE VAULT</u>	<u>DISCUS</u>	<u>SHOT PUT</u>	<u>HIGH JUMP</u>	<u>TRIPLE JUMP</u>
BOYS	GIRLS	GIRLS	BOYS	BOYS	GIRLS

11:00 AM – MORNING RUNNING EVENTS:

GIRLS 1600 Meter Run FINALS

BOYS 1600 Meter Run FINALS

LUNCH BREAK (30 MIN) at conclusion of the field events

12:00 PM – AFTERNOON RUNNING EVENTS:

GIRLS 100 Meter Hurdles (30") FINALS

BOYS 100 Meter Hurdles (33") FINALS

GIRLS 100 Meter Dash FINALS

BOYS 100 Meter Dash FINALS

GIRLS 800 Meter Dash FINALS

BOYS 800 Meter Dash FINALS

GIRLS 200 Meter Hurdles (30") FINALS

BOYS 200 Meter Hurdles (33") FINALS

GIRLS 400 Meter Dash FINALS

BOYS 400 Meter Dash FINALS

GIRLS 200 Meter Dash FINALS

BOYS 200 Meter Dash FINALS

GIRLS Throwers Relay (4x1) FINALS

BOYS Throwers Relay (4x1) FINALS

GIRLS 4x100 Meter Relay FINALS
BOYS 4x100 Meter Relay FINALS

GIRLS 4x400 Meter Relay FINALS
BOYS 4x400 Meter Relay FINALS