

SCHEDULE OF EVENTS

11:30 AM Coaches Meeting in the Press Box

12:30 PM Field Events 4 Throws and 3 Jumps – No Finals

All Track Events will take precedence over Field Events.

Pole Vault	8th G, 7th G, 8th B, 7th B	Pole Vault Pit
Discus	7th B, 8th B, 7th G, 8th G	SW Practice Football Field
Shot Put	7th G, 8th G, 7th B, 8th B	SE Practice Football Field
High Jump	7th B, 8th B, 7th G, 8th G	North endzone
Long Jump	7th G, 8th G, 7th B, 8th B	Southwest Football Field
Triple Jump	8th B, 7th B, 8th G, 7th G	Southeast Football Field

2:25 PM - National Anthem

2:30 PM Running Events Begin – Against time – No Finals

1600 Meter Run	7th /8th Girls
Boys 1600 Meter Run	7th/8th Boys
Girls 100-Meter Hurdles	7th/8th Girls - 30”
Boys 100-Meter Hurdles	7th/8th Boys - 33”

(Running Order: 7th Girls, 8th Girls – 7th Boys, 8th Boys)

100-Meter Dash
400-Meter Run
3200-Meter Relay*

15 minute Break

200-Meter Dash
800-Meter Run 1-3-5 Alleys at green line – cut down after 100 meters
200-Meter Hurdles 5 hurdles; Girls 30” - Boys 33”
400-Meter Relay*
1600-Meter Relay*

***(All Relays Can Be Mixed Age-We will run Girls Followed by Boys)**