

# JANUARY 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Menus are subject to change.				1	2	3
4	5 Bagel w/ Cream Cheese Chicken Tenders	6 Coffee Cake Fish Sticks	7 Tornado Chicken Quesadilla	8 Scrambled Eggs & Toast Spaghetti	9	10
11	12 Cereal Hot Dogs	13 Biscuits & Gravy Sloppy Joe	14 Pancakes Italian Sub	15 Frudel Orange Chicken	16	17
18	19 Donut Holes Ham & Cheese Melt	20 French Toast Sticks Grilled Chicken Breast	21 Omelets French Dip	22 Breakfast Burrito Fish Sandwich	23	24
25	26 Waffles Chicken Nuggets	27 Ham & Cheese Fritatas Breakfast For Lunch	28 Cereal Bar Beef & Noodles	29 Pancakes Pizza	30	31
		NOTES: Choice of 1% White Milk, Skim Chocolate or Skim Strawberry Milk served daily. Alternate Lunch choices are PBJ(Mon, Wed), Deli Sandwich(Tue, Thur), Chef Salad(includes a bread) is available Daily. Alternate choices only replace the Main Entree, all sides can still be chosen. Menu subject to change without notice.				

\* In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.



## Hay Springs School Cafeteria

- Breakfast menus
- PK - 12 Lunch menus
- All menus are served with milk. Water is available in the lunchroom area.
- Salad Bar is offered daily unless posted.