

# OCTOBER 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Menus are subject to change.			1 Bagel w/ Cream Cheese  Chicken Alfredo	2 Scrambled Eggs & Toast  BBQ Meatballs	3	4
5	6 French Toast Sticks  Breakfast For Lunch	7 Cereal Bar  Walking Tacos	8 Biscuits & Gravy  Club Wrap	9 Cheese Omelet  Chicken Drummies	10	11
12	13 Whole Grain Mini Muffins  Chicken Fried Steak	14 Breakfast Pizza  Ham & Cheese Melt	15 Scones  Pizza	16 Pancake Wrap  Sloppy Joe	17	18
19	20 Waffle Sticks  Salisbury Steak	21 Cinnamon Roll & Oatmeal  Chicken Quesadilla	22 Cereal  Chili	23 Frudel  Fish Sandwich	24	25
26	27 Banana Bread  Beef Nachos	28 Donut Holes  Hot Dogs	29 Tornadoes  Orange Chicken	30 Pancakes  Roast Beef	31	
		NOTES: Choice of 1% White Milk, Skim Chocolate or Skim Strawberry Milk served daily. Alternate Lunch choices are PBJ(Mon, Wed), Deli Sandwich(Tue, Thur), Chef Salad(includes a bread) is available Daily. Alternate choices only replace the Main Entree, all sides can still be chosen. Menu subject to change without notice.				

\* In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.



## Hay Springs School Cafeteria

- Breakfast menus
- PK - 12 Lunch menus
- All menus are served with milk. Water is available in the lunchroom area.
- Salad Bar is offered daily unless posted.