

# OCTOBER 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Menus are subject to change.		<b>1</b> Sausage, Egg, & Cheese Sandwich Chicken Drumsticks, Green Beans, & Mac'n'Cheese	<b>2</b> Cream Cheese Bagels Walking Tacos, Corn, & Black Beans	<b>3</b> Cinnamon Rolls Popcorn Chicken Bowls, Corn, & Mashed Potatoes	4	5
6	<b>7</b> Biscuits & Gravy Orange Chicken, Fortune Cookie, & Rice	<b>8</b> Breakfast Pizza Lasagna with Broccoli	<b>9</b> French Toast Tornadoes Taco Casserole with Sweet Potato Fries	<b>10</b> Pancakes and Sausage Salisbury Steak, Scalloped Potatoes, & Corn	11	12
13	<b>14</b> French Toast Sticks Hot Dogs, Chips, & Baked Beans	<b>15</b> Doughnuts Dino Nuggets & Smiley Fries	<b>16</b> Breakfast Casserole Chicken Alfredo with Breadstick	<b>17</b> Omelets and Toast Sweet and Sour Pork, Rice, & Fortune Cookie	18	19
20	<b>21</b> Cinnamon Rolls Grilled Cheese & Choice of Soup	<b>22</b> Sausage, Egg, & Cheese Sandwich Spaghetti, Meatballs, & Breadstick	<b>23</b> Pancakes and Sausage Burgers, Fries, & Baked Beans	<b>24</b> French Toast Tornadoes Pizza & Apple Crisp	25	26
27	<b>28</b> French Toast Sticks Tater Tot Casserole with Green Beans	<b>29</b> Omelets, Toast, & Potato Triangles Chicken Sandwich, Corn, & Cookie	<b>30</b> Variety Muffins & Sausage Country Fried Steak, Mashed Potatoes, & Mixed Vegetables.	<b>31</b> Cream Cheese Bagels Chili & Cinnamon Rolls		
This Institution is an Equal Opportunity Provider.		<b>NOTES:</b> <b>Choice of 1% White Milk, Skim Chocolate or Skim Strawberry Milk served daily.</b> <b>Alternate Lunch choices are PBJ(Mon, Wed), Deli Sandwich(Tue, Thur), Chef Salad(includes a bread) is available Daily. Alternate choices only replace the Main Entree, all sides can still be chosen. Menu subject to change without notice.</b>				



### Hay Springs School Cafeteria.

Breakfast is always served with choice of Fruit, Yogurt and Granola.

Lunch salad bar is served with a mixed lettuce salad, 2 Fruits, and 3 Other items that change daily.