

# JANUARY 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Menus are subject to change.	2	3	4 <b>Doughnuts</b> Dino Nuggets, Smiley Fries, Roll	5 <b>Biscuits and Gravy</b> BTS Burgers, Baked Beans	6	7
8	9 <b>Cereal, Fruit, Yogurt</b> Chicken Fried Steak, Mashed Potatoes, Gravy, Corn	10 <b>Breakfast Tornadoes</b> Taco Casserole	11 <b>Cinnamon Rolls</b> Orange Chicken, Rice, Fortune Cookie	12 <b>Breakfast Pizza</b> French Dips, Au Jus, French fries	13	14
15	16 <b>Biscuits and Gravy</b> Hot Dogs, French Fries	17 <b>Omelets, Potato Triangles</b> Spaghetti and Meat Sauce, Bread Stick	18 <b>French Toast Sticks</b> Chicken Strips, Sweet Potato Fries	19 <b>Biscuits, Sausage Patty, Cheese</b> BTS Burgers, Baked Beans	20	21
22	23 <b>Variety Muffins</b> Variety Soups, Bread Sticks	24 <b>Mini Cream Cheese Bagels</b> Beef Tacos, Corn, Black Beans	25 <b>Cinnamon Rolls</b> Pulled Pork Sandwiches, Baked Beans	26 <b>Breakfast Pizza</b> BTS Beef Stew, Roll	27	28
29	30 <b>Biscuits and Gravy</b> Grilled Chicken Filet Sandwich, Green Beans	31 <b>Breakfast Pizza</b> Walking Tacos, Black Beans, Corn				
<p>NOTES: Choice of 1% White Milk, 1% Chocolate or Skim Strawberry Milk served daily. Alternate Lunch choices are Peanut Butter and Jelly Sandwich( Mon, Tue, Wed) and Yogurt (Thursday), choice of Chef Salad is available Daily. Menu subject to change without notice.</p>						



**Hay Springs School Cafeteria.** Breakfast is always served with choice of Fruit, Yogurt and Granola. Lunch salad bar is served with a mixed lettuce salad, 2 Fruits, and 3 Other items that change daily.