

SEPTEMBER 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 cinnamon rolls,, yogurt, fruit, Bts Burgers, french fries Baked beans	2	3
5 labor day, No schooi	6 Omelets, hasbrown triangles, fruit. Walking tacos, corn, black Beans	7 cereal, fruit, yogurt. Orange chicken, rice, Peas, Fortune cookie	8 Biscuits and gravy, fruit Fish sticks, sweet potao fries fries	9	10
12 French Toast Sticks, Cheese stick BTS Tator Tot Cassarole,Peas	Bagel, Sausage Patty,	14 Breakfast Pizza, Yogurt, fruit> corn Dogs, sweet Potato Fries	15 Biscuits and Gravy, Fruit BTS Burgers,chips, Baked Beans	16	17
	20 Cereal toast, yogurt Fruit, taco cassarole, corn	21 Biscuits and sausage Gravy Dino Nuggets, Smiley Fries, Cooked Carrotts	22 Variety Muffins, Fruit Upgurt Chicken Patty Sandwich, Potato salad, Chips	23	24
Breakfast Pizza, fruit	Sausage, cheese	stick, fruit Pulled	Pancakes and sausage, fruit. BTs	30	
		iite Milk, Skim Cl	nocolate or Straw	berry Milk serv	ed daily.
	5 labor day, No school 12 French Toast Sticks, Cheese stick BTS Tator Tot Cassarole,Peas 19 Pancake sausage on a stick, fruit Pulled Pork Sandwich, Baked Beans 26 Breakfast Pizza, fruit Beef and Bean Burrito, corn,	561abor day, No SchoolOmelets, hasbrown triangles, fruit. Walking tacos, corn, black Beans1213French Toast Sticks, Cheese stick BTS Tator Tot Cassarole,Peas131920Pancake sausage on a stick, fruit Pulled Pork Sandwich, Baked Beans202Cereal toast, yogurt Fruit, taco cassarole, corn1920Pancake sausage on a stick, fruit Pulled Beans27Breakfast Pizza, fruit Beef and Bean Burrito, corn,Sausage, cheese biscuit, yogurt. Tacos, Refried Beans, corn1920	5671abor day, No schoolOmelets, hasbrown triangles, fruit. Walking tacos, corn, black Beans71213Cereal, fruit, yogurt. Orange chicken, rice, Peas, Fortune cookie1213Bagel, Sausage Patty, cheese stick BTS Tator Tot Cassarole,Peas14192021Pancake sausage on a stick, fruit Pulled Pork Sandwich, Baked Beans2021Breakfast Pizza, fruit Beans2021Breakfast Pizza, fruit BeansSausage, cheese biscuit, yogurt. Tacos, Refried Beans, corn28262728Breakfast Pizza, fruit BeansSausage, cheese biscuit, yogurt. Tacos, Refried Beans, cornPancake sausage on a stick, fruit Pulled Pork Sandwich, Baked Beans2612728Breakfast Pizza, fruit Been Burrito, corn,Sausage, cheese biscuit, yogurt. Tacos, Refried Beans, cornPancake sausage on a stick, fruit Pulled Pork Sandwich, Baked Beans192021	1156781abor day, No SchooiOmelets, hasbrown triangles, fruit. Walking tacos, corn, black Beans7812131415French Toast Sticks, Cheese stick BTS Tator Tot Cassarole,Peas13141519202122Pancake sausage on a stick, fruit pulled Pork Sandwich, Baked2021222627282828Breakfast Pizza, fruit BeansSausage, cheese biscuits and sausage, fruit fruit, source, corn, black, sweet Potato Fries2819202122Pancake sausage on a Beans222426272828Breakfast Pizza, fruit BeansSausage, cheese biscuit, yogurt, fruit pruit, taco cassarole, Corn Nuggets, Smiley Fries, Cooked Carrotts28Breakfast Pizza, fruit BeansSausage, cheese biscuit, yogurt, Tacos, Refried Beans, corn2828Breakfast Pizza, fruit BeansSausage, cheese biscuit, yogurt, Tacos, Refried Beans, corn2828Income SeriesNOTES:NOTES:2828	1 cinnamon rolls, yogurt, fruit, Bis Burgers, french fries Baked beans2567891abor day, No schoolOmelets, hasbrown triangles, fruit, gtacos, corn, black Beans78912131415Biscuits and gravy, fruit Fish sticks, sweet potao fries fries161213Bagel, Sausage Patty, cheese, Fruit Chicken Bast Startor Tot Cassarole,Peas1415Biscuits and Gravy, Fruit192021Biscuits and sausage sweet Potato Fries22Variety Muffins, Fruit Orange chicken, rice, Peas, Sweet Potato Fries23192021Biscuits and sausage Gravy Dino Nuggets, Smiley Fries, Cooked Carrotts2223192021Biscuits and sausage Gravy Dino Nuggets, Smiley Fries, Cooked Carrotts232627282828Breakfast Pizza, fruit Bean Burrito, corn, Refried Beans, cornPancake sausage on a stick, fruit Pulled Pancake sausage, fruit, Biscuit, yogurt, Cooked Carrotts262728Pancakes and sausage, fruit, Fis Pork Sandwich, Baked BeensBancakes and sausage, fruit, Bis Burgers, chips, Corn, Beans30





Hay Springs School Cafeteria -Breakfast menus -PK - 12 Lunch menus -All menus are served with milk. Water is available in the lunchroom area. -Salad Bar is offered daily unless posted.

