

# Parent & Child Activity Calendar

Elementary School

Hay Springs Public Schools



THE PARENT INSTITUTE®

## Parent & Child Activity Calendar

Elementary School  
**Parents**  
make the difference!

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# February 2020

**1** Plan to get some exercise with your child every day this month.

**2** Encourage your child to write a thank-you to a favorite teacher this month.

**3** Have your child predict the results of flipping a coin 10 times. Try it and see if he's right.

**4** When your child asks a question you can't answer, write it down. Keep a list of questions to look up later.

**5** Learn how to say "I love you" in at least three other languages. Share this with your child.

**6** Have your child interview people in various careers that interest her. What would a typical day be like?

**7** Ask your child to invent a word and write its definition as it would appear in the dictionary.

**8** Look for ways to involve your child in your hobbies. For example, if you are a runner, take your child for a short jog.

**9** Do a crossword puzzle with your child. It's a great way to learn new words.

**10** Discuss the meaning of a dozen. What things are often sold in dozens?

**11** Have your child go online to research events that occurred on the day he was born.

**12** Make a design using five toothpicks. Let your child look at it, then cover it up. Can she recreate it from memory?

**13** After your child goes to bed, leave a valentine where he'll see it first thing tomorrow morning.

**14** Tell and show family members that you love them.

**15** Challenge family members to write, eat or do other activities with the hand they don't favor.

**16** Take a walk with your child and use all five senses to observe the world around you.

**17** Have your child draw a picture for the author of a book. Send it to the author in care of the book's publisher.

**18** Fold paper to make different types of airplanes. See which one flies the best.

**19** Help your child practice division. Ask her, "How many of your lifetimes has Grandma lived?"

**20** Teach your child to show empathy. Have him imagine how others might feel in certain situations.

**21** When your child is working on something difficult, say "I know you can figure this out!"

**22** Go to the library and check out two books with your child. Check out some books for yourself, too!

**23** Let your child help with a household chore today. Remember to thank her when she finishes.

**24** Learn the sign language alphabet with your child. Use it to spell words today.

**25** Encourage your child to be a humble winner and a gracious loser.

**26** Ask your child to complete this sentence: "If I had one wish, it would be \_\_\_\_\_."

**27** Does your child need some new books? Plan a neighborhood book swap.

**28** Does your child have homework to do over the weekend? Make sure he schedules time to complete it.

**29** Today is Leap Day. Talk to your child about what makes February 29 a special day.