

Superintendent's News



As I begin writing this note we are already half way through our third nine weeks of academic instruction. As we turn the corner toward the final home stretch for the academic year please encourage your students to kick it in and finish the third quarter and the academic year as strong as possible. Positive support from those who love and care for them can never be to extreme. Your support for them in their activities and academics helps them realize that you believe in them, and what and how they do is very important. As we move forward we will soon be looking at student academic testing so we are in the final stages of pushing students towards total preparedness for academic success. I know that we have students with academic challenges and the staff at Hay Springs are willing to assist your students with additional support in any way we can, but the student is the one who must take advantage of this additional support. While visiting with your students about their challenges and successes, if they express concerns we can assist with at school, please contact their teacher, coach or the school administration. We are all here to support your student success in any manner that we can.

As we look into February the basketball and wrestling season will be coming to the end and for our seniors the final time they will wear the Hay Springs Hawk green and gold uniforms. I would like to thank all of these athletes for the time and effort they have put into their respective seasons. I would particularly like to thank the senior members of our teams and their parents and guardians for their efforts, time, dedication and commitment to the Hay Springs activities program over the past four years. Your leadership will be greatly missed.

As the seniors near the completion of their high school academic career at Hay Springs High school I encourage them to finish strong and work toward completion of the best semester of their career during high school. As they go through the stress of college applications and visits and the financial aid process they need our understanding and support.

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As I look ahead to February and March I realize that we have time for a lot of winter weather yet before spring. It is my hope that if we have the need for school delays or cancelations, that each of you have been getting the information in a timely manner. If you have not been receiving timely information, please contact the school office and let us know so we can rectify the problem.

As the administrator my door is nearly always open and never hesitate to give me a phone call. I am always willing to listen to your concerns, however our policy dictates that the first order in the resolution of a problem is direct communication between parent and/or the student with the teacher and/or coach about your concerns. If we are going to hold true to our mission, vision and goals for the district we truly have to continually work together in this effort.

Mission Statement

The Mission of Hay Springs Schools in cooperation with families and community, is to empower students within an emotionally supportive and physically safe environment with the academic, social, physical and technological skills to achieve success as responsible, self-disciplined citizens of a global society.

Vision Statement

“Empower Students to Achieve Lifelong Success.”

Hay Springs Goal

All students will demonstrate an increase in math proficiency across the curriculum.

Please know that the employees at Hay Springs are very dedicated to providing your children with the best possible opportunities to learn. If we do not have some struggling students, then we clearly do not have the bar high enough. It is my hope that the majority of our students are academically challenged on a daily basis. With challenges comes the additional need for encouragement and support from staff and parents.

It continues to be one of my goals to help our entire staff and student population focus on the many blessings we have in life and support each other in positive ways as we work together to pursue our Mission, Vision and Goals at Hay Springs School.

At the Hay Springs January board meeting we were blessed to welcome David Russell, our newly elected board member to the Board of Education. Highlights of our January meeting was the re-organization of the board and the decision to select Ameresco as the Energy Service Company (ESCO) contractor to serve as our energy financing contractor to provide comprehensive, professional, technical services related to the identification and/or implementation of one or more energy conservation measures in existing facilities in exchange for a portion of the energy cost savings through the energy financing contractor. Ameresco will conduct a complete energy survey and create possible proposals for building improvements that will be cost effective for the district in the future.

I would like to give a special Shout Out to our Board of Education for their service to our community and our school district. This is a thankless position but truly one of the most important positions one can hold for the benefit of children and the future of our country. If you get the opportunity please take a moment to thank them for their service on the Board of Education.

Thanks to everyone for your continued support of our educational system.

WANTED: SUMMER CAMP SPONSORS



We are looking for individuals or community groups who are willing to teach a summer fun camp. Summer fun camps may be 1 to 4 days, mornings, afternoons, or full days. We are open to any camp ideas that you may have.

Jump Rope for Heart

By Rachel Mandelko



Kids Heart Challenge..... Grades 2nd -5th grade

Kids Heart Challenge (formerly known as Jump Rope for Heart) will be February 4th thru February 28th! Parent letters and packets will go out on January 30th & 31st and will need to be returned no later than Monday, Feb. 4th.

I encourage all my students to participate in this program. ALSO it is very beneficial to any student that does chose to participate to sign up online. Online is very easy to keep track, and less hassle for the students to take care of money.

If you have any questions, please feel free to contact Rachel Mandelko (308)638-4434 or email rachel.mandelko@hshawks.com

ATTENTION:

Freshman and the HAWK SHOP will be doing another FanCloth order!! You can order online too.

<https://shop.fancloth.com/69347/474962>

PLEASE ORDER ONLINE by Feb. 11th.

100th Day of School

By Kyli Heiting



The Elementary students and teachers will be celebrating the 100th Day of School on Thursday, February, 14th. The Elementary Teachers will be cooking and serving a 100th Day Pancake Breakfast for all elementary students, PreK-5th grade beginning at 8:00am. Individual classroom teachers have other 100th Day and Valentine's Day activities planned for that day as well. We will also be watching 101 Dalmatians together to celebrate this fun day! We are excited to be 100 Days smarter!

EnvironArt

By Mrs. Anderson



The elementary students participated in the EnvironArt program on January 23rd. This is a unique program that combines the expertise of an artist and a naturalist to bring science and art together. After learning about the importance of waterfowl and their habitats from the naturalist, the artist guides students in creating a realistic drawing of a North American duck, goose, or swan. Students will finalize their drawings in the coming weeks, and we will submit them to the US Fish & Wildlife Service Junior Duck Stamp Contest.



Hawks Library News

Events to watch for

- Read Across America - early March
 - featuring books set in locations around the United States
 - (special guest readers are being invited)
- Spring Book Fair - March 18-25

What have we been doing

- Grade 3-5 are learning how and why to cite their research sources. Projects are in the works to use this skill.
- Grades K-2 will begin author studies. We will read several books by the same author and do some activities.

Middle School Quiz Bowl

By Mrs. Matthews

Middle School students in 7th and 8th grade may compete in Quiz Bowl competitions. We will begin meeting for practices on Monday, January 28 and continue through February and March. We meet during lunch in the DL room.

We compete in two contests, Panhandle Conference and the Chadron Invite. Both contests are in the later part of March. Exact dates are not available so watch for updates. We will take two teams to the Chadron Invite, Seventh Grade and Eighth Grade. We will take one combined team to Panhandle Conference. A team can have 6, 8, or 12 players.

The competition includes three rounds of 16 questions. Questions are worth 5, 10, or 15 points depending on the difficulty. Each player on the team must answer at least one question. When playing with eight players they must each answer two questions and with six players they answer two or three questions. Not only is content knowledge important, but some strategy is also involved.

Looking forward to a great year with the Middle School.

FBLA

By Ms. Lein

The Hay Springs chapter of Future Business Leaders of America (FBLA) participated in the Best in the West Business Invitational in Chadron. We took four students to this event we had two students place: Jarret Pieper got first place in Economics and Erin Kadlecek got fifth in Accounting 1. The other two students that participated were Ashley Burrows and Hannah Wohl. This is a testing event designed to prepare students for the State competition in Omaha in April. We will be attending another event to help prepare us for the state competition the next one is in March in Kearney. If you would like to donate any funds to help us get to the last two events of our season, please feel free to contact Ms. Lein at the school.

**Send a Valentine's Day Candy Gram!
And help support your FBLA team!**

Have someone you want to say "Happy Valentine's Day" to? Or maybe you'd like to tell a staff member or faculty you appreciate their hard work?

If so, what better way than to send them a personalized candy gram on Valentine's Day!

Each Candy Gram has TWO - THREE generous size suckers and your Valentine attached.

All money raised will help fund Hay Springs High School's FBLA.

On sale Monday January 28th through Tuesday February 12th

Cost: 3 Suckers \$3.00

2 Suckers \$2.00

Music Notes

By Raima Varvel

The ML/HS pep band will be performing at the following basketball games. Friday, February 8th vs. Garden Co.



A big thank you to Mr. Badje and Kade Moore. Together they made a stand for the chairs outside of the music room. Stop by and see their work!



Upcoming dates:

- Pep Band Friday, February 8th
- Class D All State Band Saturday, March 23rd
- PANCO Music contest-Crawford Monday, March 25th
- Pre-Contest concert & Recital (7th—8th & HS) Monday, April 15th
- District Music contest-Alliance Wednesday, April 17th
- 4th-6th Spring Concert Tuesday, May 7th
- Kindergarten Graduation Monday, May 13th

Speech News

By Coach Varvel

Speech team meetings continue every Thursday during lunch. Students are now preparing individual and group events.

The following is our schedule of the meets for the remainder of the season:

- Alliance Invite January 26
- Chadron Invite February 2
- Gordon/Rushville Invite February 23
- PANCO Invite-Hemingford March 9
- Districts-Gering March 11
- State Speech-UNK March 22



PBIS

By Raima Varvel

Stay tuned to hear some exciting developments in regards to incentives and rewards for positive behavior.

The PBIS leadership team attended a workday in Ogallala on Wednesday, January 30th.

What is PBIS?

- A team-based process including a broad range of systemic & individualized strategies for achieving important social & learning outcomes.
- PBIS is a proactive approach to teach, monitor, and support appropriate school behavior for ALL students
- A focus on preventing problem behavior of all students at the school-wide, classroom, non-classroom & individual levels.

4H Workshops

By Melissa Mracek

Celebrate the University of Nebraska – Lincoln turning 150!!

Across the state people will be celebrating the University of Nebraska – Lincoln's Charter day on February 15th. In Sheridan County, we will celebrate by having cupcake wars! Instead of our traditional baking class, this month the youth will try to create a new cupcake flavor and design to honor the University of Nebraska – Lincoln. The youth will also create Light up bows to show how they "Glow Big Red". The workshop will go from 9 am until noon at the Hay Springs School. The fee for the workshop is \$5. Please register by February 8th by calling the Extension Office at 308-327-2312 or contacting Melissa Mracek at mmracek2@unl.edu.

Clover Bud Meetings

The first Hay Springs Clover Bud meeting will be on February 21st at 4 pm at the school. The youth will become fat detectors while they create homemade biscuits. The Clover Bud program is a free program for youth between the ages of 5 and 7. The youth will participate in activities helping them to learn social skills, problem solving, and also create projects for fair. Please contact Melissa Mracek or Erika Gaswick for more information.

Hay Springs Sewing

Hay Springs will have their regular scheduled sewing class on Thursday, February 28th. The youth will continue to work on sewing projects from 9 am until 12 pm. Please let Melissa Mracek know if your child plans on attending. There will not be a fee for this workshop.

Niobrara Trap Shooters

The Junior Niobrara Sportsmen's Trap Shooting group will begin practices on Saturday, February 2nd at 1 pm. The group will continue to meet on Tuesdays and Thursdays after school at the range in Gordon. Participants must be in grades 6-12 and have successfully completed a Hunter Education Course. Members will be required to join the club by registering for 4-H and paying \$25 club dues. If you are interested in participating. Please contact Stuart Hardin at 308-360-0175 or Dave Johnson at 308-360-2606.

Robotics Regional Qualifier

On Saturday, January 19th four Sheridan County First Lego League and four Sheridan County Jr. First Lego League teams participated in the Sidney Lego Qualifier event. The First Lego League teams had to present

on their unique solution to solving a problem in space, demonstrate how well they work as a team during the Core Values session, present about their robot design, and then run their robot to complete as many missions as possible in two and a half minutes. One team, the Techno Huskers, is from Hay Springs. Its members are: Sam Hindman, Mason Albrecht, Jazzy Smith, Laney Smith, Hunter McDonald, Bristol Prado, Ashley Tobiasson, Lilly Dorshorst, Devyn Young, and Kaden Langeford. The Gordon Little Robot's team members were: Addison Slama, Chris Swanson, Kannon Leeper, and Griffen Reece. Gordon's Apollo Bot 5 members are: Reese Simonson, Rowan Simonson, Paxton Simmons, Kylie Goings, and Draven Russell. The Gordon middle school team, GR Overdrive, consists of Colton Archibald, Ileigh Hunter, Ben Meyer, Bronson Freeseaman, Austin Child, Brayden Simmons, and Maddox Leeper. The Apollo Bots 5 received the Project award for their project on edible wrappers. GR Overdrive received the Core Values award and also was one of eight teams that gets to move onto the State Competition on February 16th at the Air and Space Museum.

The four Hay Springs Jr. First Lego League teams presented about the Moon Base they built and how it would help solve a problem around water, air, energy, and food on the moon. The participants were: Emma Albrecht, Merritt Albrecht, Rigger Binger, Cora Summers, Sawyer Davis, Easton Mintken, Gage Didier, Tyson Didier, Connor Forney, Emily Forney, Whitten Diers, Enie Peters, Jacob Dorshorst, Catherine Two Bulls, Luke Edwards, Brayden Heiting, Cade McKillip, William Gaswick, Elly Reimann, Jaydub Turman, Vivian Cortier, and Devyn Young. Each team received an award based on their programming, design, teamwork, and solution idea. The Robo Rockers received the Amazing Movement award. This team consists of: Jacob Dorshorst, Cora Summers, Sawyer Davis, Connor Forney, Tyson Didier, and Vivian Cortier. The Rock Robos team received the Outstanding Teamwork award. This team is made up of: Whitten Diers, William Gaswick, Devyn Young, Easton Mintken, and Gage Didier. Receiving the Complex Decoration award was the Space Rangers. The team members are: Merritt Albrecht, Emma Albrecht, Brayden Heiting, Enie Peters, Cade McKillip, and Catherin Two Bulls. Space Hawks received the Explosive Idea award. This team consists of: Elly Reimann, Luke Edwards, Rigger Binger, Jaydub Turman, and Emily Forney.

OUT OF RESPECT FOR THE MANY FLAGS FLYING INSIDE OUR BUILDINGS!



Hay Springs School

is a

HAT FREE ZONE

Please, remove your hat when entering, Thank you!

JH Boys Basketball

By Coach Miller

This season we have four 7th graders, and five 8th graders. We are a great group that works very well together. We started off the season on the right foot with a win. As the season has gone on, we have played some tough competition. But we are always improving throughout each game. Our team has some unique things to contribute each day that we step out onto the court. In the future we have some great opportunity to win games and finish this season the way we should. This season we have set many individual and team goals, and we are always one step closer. We are very proud for the present and the future of Hay Springs basketball.





Middle Level Winter Ball
Mexican Fiesta!!

Friday, February 15
7:30-10:30

8th grade Prince and Princess will be crowned!

(Must be present to accept the crown)

Music by: Larel

Parents are invited to come join in !!

ESU Special Ed Department

We provide special education services for children birth through 21. Programs including Western Region Autism Network, Deaf Education, Early Childhood Special Education, Early Development Network, Improving Learning for Children with Disabilities (ILCD), Meridian, LifeLink, Nursing, Occupational Therapy, Planning Region Teams 13 & 14, Secondary Transition, Speech-Language Pathology, Special Education Supervision, and Teacher of the Visually Impaired.

Supporting children with disabilities in the least restrictive environment:

Consultative services

School-based services (pull-out and inclusion)

Natural settings Birth through PreK

Two level III programs (Meridian and Life Link Nebraska)



EducationQuest Foundation College Planning Bulletin

A monthly college planning guide for Nebraska high school students

February 2019

Seniors...where are you in the FAFSA process?

Getting financial aid for college involves more than completing and submitting the Free Application for Federal Student Aid (FAFSA). Make sure you get through each step of the process so that you don't miss out on money for college.

Did you complete and submit a 2019-20 FAFSA?

If you haven't, complete the form at FAFSA.gov using 2017 income tax data. Before you start, you and a parent must each get an FSA ID at fsaid.ed.gov. You'll need the FSA IDs to access and sign your FAFSA.

If you DID submit a FAFSA, here's what happens next:

- **Expect a Student Aid Report (SAR) via an email link.** The SAR acknowledges that your FAFSA was received and lets you know if you need to take further action before the form can be processed.
- **You might receive a "verification" notification.** The college(s) you listed on your FAFSA may contact you requesting documents to verify information you included on your FAFSA. You must provide those documents before your financial aid can be processed.

Watch for an award letter from the college(s) you listed on your FAFSA. This will detail the types and amounts of financial aid they are offering you. You must have been accepted for admission before the college will send an award letter.

It's critical that you watch your email and/or student portal carefully to ensure you don't miss important information about admission and financial aid.

What you need to know about scholarships!

Most scholarships are based on academics, but others are based on community service, school involvement, or talent. Some are based on financial need as deter-

mined by the results of your FAFSA.

Here's where you can find scholarships:

ScholarshipQuest at EducationQuest.org houses over 2,000 Nebraska-based scholarships. After you create a profile, you'll be matched with scholarships that fit your criteria.

- **Your school counselor's office.** Visit regularly to check on local and national awards.
- **The college you plan to attend.** Contact the school for a list of scholarships they provide and application procedures.

National search sites such as College Board, Peterson's, and Chegg.

Other resources could include your coach, clubs and organizations, and your parents' employers and civic organizations.

[Click here](#) for more details about scholarships and tips to help you complete a successful application.

Follow us on social media and you might win a \$500 scholarship!

Nebraska students in grades 9-12 are encouraged to follow EducationQuest on Facebook, Twitter, and Instagram for a chance to win a \$500 *Get Social Scholarship*.

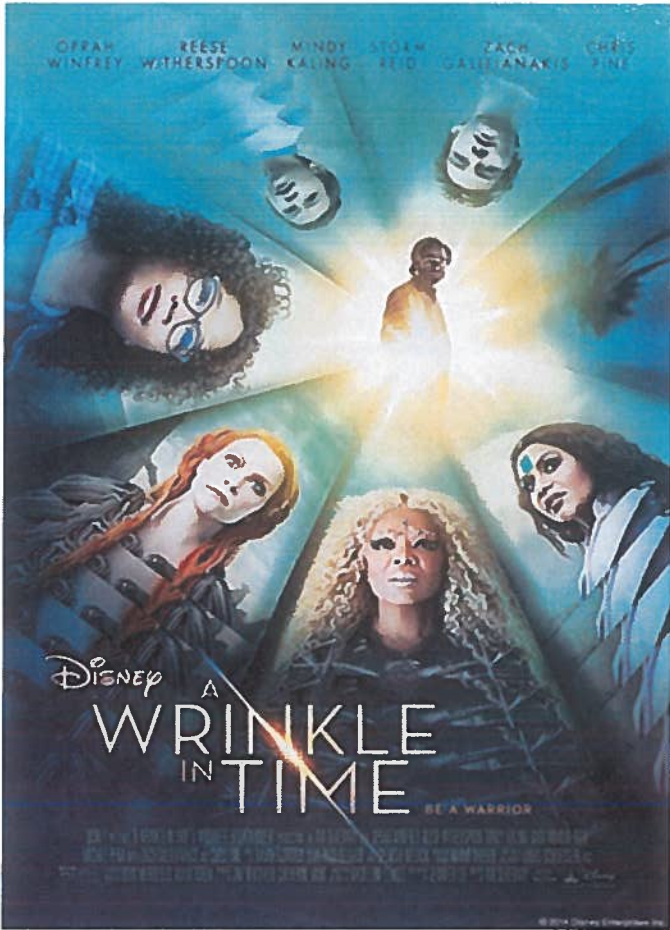
Each time EducationQuest reaches specific follower milestones on our social media pages, we'll invite current and new followers to enter into a drawing for a \$500 scholarship. We'll conduct a:

[Facebook](#) drawing when we hit **7,750** followers

[Twitter](#) drawing when we hit **3,750** followers

[Instagram](#) drawing when we hit **1,500** followers

EducationQuest will continue to award \$500 *Get Social Scholarships* each time we reach an additional 500 followers on Facebook, Twitter or Instagram. [Click here](#) for more details.



Family Movie Night

Thursday, February 21, 2019

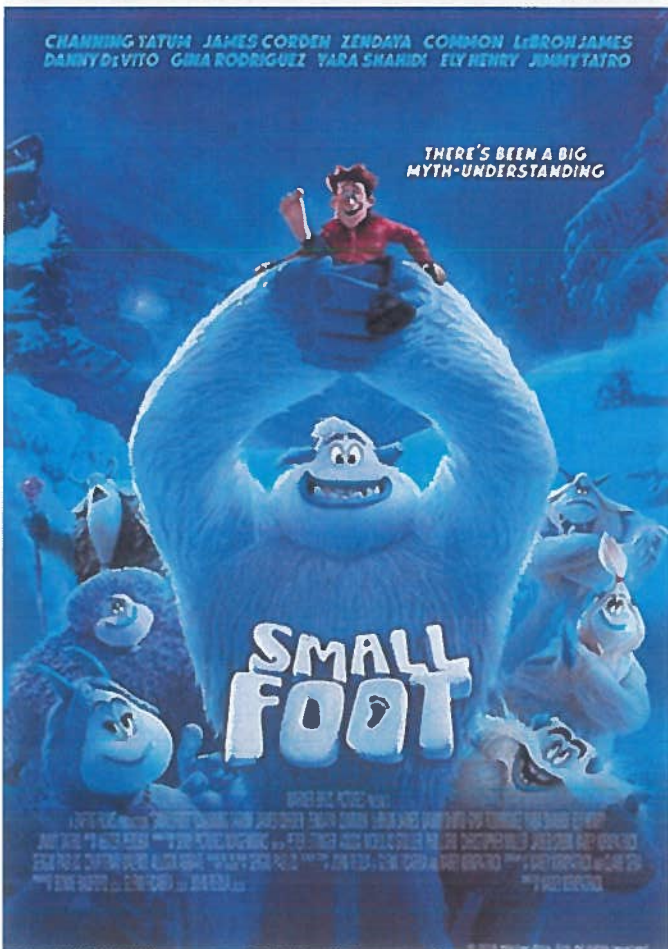
7:00 pm

Auditorium

Rated: PG

Synopsis

Meg meets three supernatural beings who transport her through the universe to rescue her father, who mysteriously disappeared and is being held captive by an evil force.



Family Movie Night

Thursday, March 14, 2019

6:00 pm

Auditorium

Rated: PG

Synopsis:

An animated adventure for all ages, with original music and an all-star cast, Smallfoot turns the Bigfoot legend upside down when a bright young Yeti finds something he though didn't exist – a human. News of this “smallfoot” throws the simple Yeti community into an uproar over what else might be out there in the big world beyond their snowy village, in an all new story about friendship, courage, and the joy of discovery.

**Don't miss
your chance
to win!**

Be the first to find and call the school or email hawk.contact@hshawks.com with this issue's strange phrase and you will be the winner for this issue.

The Cafeteria will be hosting a special day each month. On this day, students are encouraged to invite someone to eat lunch with them. Adult Lunch is \$3.50 which includes the meal and unlimited Fruit & Vegetable Bar.

February's Special Day is
Our Valentine's Day Lunch
Invite Your Valentine(s) to Lunch Day
(aunt, uncle, grandma, grandpa, neighbor, friend)
On February 14th.

PreK Lunch—12:00 noon
Elementary Lunch—11:30 a.m.
Middle/High School Lunch—12:25 p.m.

Standard Response Protocol (SRP)

Parents and Guardians entrust their children and their safety to schools every day. The Nebraska State Legislature recognized the importance of school safety and security by passing Nebraska State Statute 79-2,144(2). It required the commissioner of Education to appoint a School Safety Director who, among other duties, recommended minimum school security standards to the State Board of Education. Security standards were developed and adopted by the State Board of education for all school districts across Nebraska. The evening news is where they start by saying "good evening," and proceed by telling you why it's not. The State Board of Education adopted the "I Love You Guys" foundation program called the Standard Response Protocol (SRP). This uniform protocol has been implemented in many schools in Nebraska. Here in Hay Springs we are in the process of implementing the Standard Response Protocol (SRP). We conducted a review of our buildings by NDE's safety review personnel and have implemented some of his recommendations to include the buzzer at the front door and the external numbering of all doors and windows. Our Safety and Crisis team has attended NDE training and workshops and this information has been presented to staff as part of our professional development training.

Attached is information about the Standard Response Protocol (SRP). Please read this information and discuss it with your child. Familiarize yourself with the different protocols and symbols for Lockout, Lockdown, and Evacuate than Shelter. The school will begin training students and staff on the different protocols and how to correctly respond to each protocol.

Our students travel to many school districts across the state of Nebraska. With this Standard Response Protocol (SRP) our students will know how to respond to a student event, whether it is in Hay Springs or any school district in Nebraska. When this program is fully implemented in the state the response will be universal across the state.



STANDARDTM RESPONSE PROTOCOL EXTENDED

STUDENT SAFETY

A critical ingredient in the safe school recipe is the classroom response to an incident at school. Weather events, fire, accidents, intruders and other threats to student safety are scenarios that are planned and trained for by students, teachers, staff and administration.

SRP

Our school is expanding the safety program to include the Standard Response Protocol - Extended (SRPx). The SRPx is based on these five actions. Lockout, Lockdown, Evacuate, Shelter and Hold. In the event of an emergency, the action and appropriate direction will be called on the PA.

LOCKOUT - "Get Inside. Lock Outside Doors"

LOCKDOWN - "Locks, Lights, Out of Sight"

EVACUATE - "To the Announced Location"

SHELTER - "For a Hazard Using a Safety Strategy"

TRAINING

Please take a moment to review these actions. Students and staff will be trained and the school will drill these actions over the course of the school year.

More information can be found at <http://iloveguys.org>

LOCKOUT

GET INSIDE. LOCK OUTSIDE DOORS

Lockout is called when there is a threat or hazard outside of the school building.



STUDENTS:

- Return to inside of building
- Do business as usual

TEACHERS

- Recover students and staff from outside building
- Increased situational awareness
- Do business as usual
- Take roll, account for students

LOCKDOWN LOCKS, LIGHTS, OUT OF SIGHT

Lockdown is called when there is a threat or hazard inside the school building.



STUDENTS:

- Move away from sight
- Maintain silence

TEACHERS:

- Lock classroom door
- Lights out
- Move away from sight
- Maintain silence
- Wait for First Responders to open door
- Take roll, account for students

EVACUATE TO A LOCATION

Evacuate is called to move students and staff from one location to another.



STUDENTS:

- Bring your phone
- Leave your stuff behind
- Form a single file line
- Show your hands
- Be prepared for alternatives during response.

TEACHERS:

- Grab roll sheet if possible
- Lead students to Evacuation Location
- Take roll, account for students

SHELTER FOR A HAZARD USING SAFETY STRATEGY

Shelter is called when the need for personal protection is necessary.



SAMPLE HAZARDS:

- Tornado
- Hazmat

SAMPLE SAFETY STRATEGIES:

- Evacuate to shelter area
- Seal the room

STUDENTS:

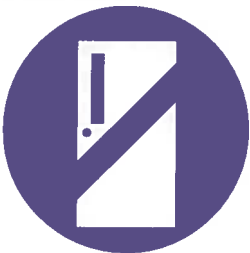
- Appropriate hazards and safety strategies

TEACHERS:

- Appropriate hazards and safety strategies
- Take roll, account for students

HOLD IN YOUR CLASSROOM

Hold is called when the hallways need to be kept clear, even during class changes.



STUDENTS:

- Remain in your classroom
- Do business as usual.

TEACHERS:

- Recover students and staff from hallways
- Close and lock classroom door
- Take roll, account for students



FEBRUARY 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3	4 Breakfast: Breakfast Pizza Lunch: Pulled Pork/Sloppy Joe/Smiley French Fry	5 Breakfast: French Toast Sticks Lunch: Chicken Fajitas/ Corn/Banana Bar	6 Breakfast: Breakfast Casserole Lunch: Breaded Beef Patty/Mashed Potato/Gravy	7 Breakfast: Biscuits & Gravy Lunch: Burgers w/MACTrimmings/Chicken Sand/ French Fries	8	9
10	11 Breakfast: Omelet/Sausage Lunch: Corn Dogs/Mini Corn Dogs/Baked Beans	12 Breakfast: Egg, Bacon & Cheese Toast Lunch: Chili/ Corn Bread	13 Breakfast: Breakfast Burritos Lunch: Tator Tot Casserole/Blueberry Muffin	14 100th Day Breakfast: Pancakes & Sage Links Dinner: Spaghetti/ Garlic Toast/Dessert	15	16
17	18 No School	19 Breakfast: Breakfast Sandwich Lunch: Ham & Cheese Baked Potato/Green Beans	20 Breakfast: Tomados Lunch: Burritos/Chicken Quesadilla/Potato Tri	21 Breakfast: Biscuits & Gravy Lunch: Beef To School Burgers/Chicken Sand/Chips	22	23
24	25 Breakfast: Dutch Waffles Lunch: Fish Sticks/Fish Sandwich/Macaroni & Cheese	26 Breakfast: Bacon/Eggs Lunch: Homemade Pizza/Apple Crisp	27 Breakfast: Breakfast Pizza Lunch: Turkey Sub/BLT Wraps/Chips	28 No School		

NOTES:

A Very Special Thank You Goes To Don & Mary Vannatta w/S&V Livestock and Tom & Kim Marcy w/Marcy Cattle Co. For Their Generous Beef Donation! Also A Huge Thank You To The Brian Forney Family For The Transportation Of The Beef To The School! This Is An Awesome Program For Our School! Thank You Again!

In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call toll free (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish).

***Menus are subject to change**
***We will not have Nacho Bar on Beef To School Burger Day**

Hay Springs School Cafeteria
*Breakfast Menus
*PK - 12 Lunch Menus
*All menus are served with three choices of milk & 100% juice. Water is available in the lunchroom area.
*Fruit & Veggie Bar is offered with every meal
*Lunch menu choices are: PBJ/Nacho Bar/Pizza



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						HS WR @ Bayard 10am *G/BB home vs. Bennett Co. 5 pm 1 Speech meet @ Chadron 2
	*JH B/BB home vs. Oelrichs 5pm 3	G/B BB @ Minatare 4pm *JH B/BB home vs. St Agnes 5pm 4		G/B BB @ Crawford 4pm 6	*G/B BB home vs. Garden Co. 3pm SENIOR NIGHT HS WR Districts @ Sutherland 8	HS WR Districts @ Sutherland 9
	*JH B/BB home vs. Crawford 5pm 10			100 th DAY CELEBRATION Valentine's Day Lunch STATE WR @ Omaha 13	STATE WR @ Omaha ML Winter Ball 7:30-10:30 15	STATE WR @ Omaha JH B/BB @ Gordon/Rush 9am 16
	NO SCHOOL – Teacher In-service 17	John Baylor @ Hemingford (9th-11 th grades) 9-11am 18		NHS Induction 3:30 pm Family Movie Night (Wrinkle In Time) 7pm 20		Speech Meet @ Gordon/Rush 22
	Start of Spring Practice 24				Spring Break – NO SCHOOL 27	

FEBRUARY

2019



NOTES:

2/14 - 100th Day Breakfast for Elementary students.

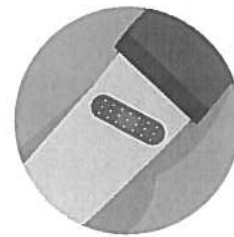
Please RSVP to office by Feb. 7th for the Valentine's

Day Lunch.



The Flu:

A Guide for Parents



Influenza (also known as flu) is a contagious respiratory illness caused by influenza viruses that infect the nose, throat and lungs. Flu is different from a cold, and usually comes on suddenly. Each year flu viruses cause millions of illnesses, hundreds of thousands of hospital stays and thousands or tens of thousands of deaths in the United States.

Flu can be very dangerous for children. CDC estimates that between 6,000 and 26,000 children younger than 5 years have been hospitalized each year in the United States because of influenza. The flu vaccine is safe and helps protect children from flu.

What parents should know

How serious is flu?

While flu illness can vary from mild to severe, children often need medical care because of flu. Children younger than 5 years and children of any age with certain long-term health problems are at high risk of flu complications like pneumonia, bronchitis, sinus and ear infections. Some health problems that are known to make children more vulnerable to flu include asthma, diabetes and disorders of the brain or nervous system.

How does flu spread?

Flu viruses are thought to spread mainly by droplets made when someone with flu coughs, sneezes or talks. These droplets can land in the mouths or noses of people nearby. A person also can get flu by touching something that has flu virus on it and then touching their mouth, eyes, or nose.

What are flu symptoms?

Flu symptoms can include fever, cough, sore throat, runny or stuffy nose, body aches, headache, chills, feeling tired and sometimes vomiting and diarrhea (more common in children than adults). Some people with the flu will not have a fever.



Protect your child

How can I protect my child from flu?

The first and best way to protect against flu is to get a yearly flu vaccine for yourself and your child.

- Flu vaccination is recommended for everyone 6 months and older every year. Flu shots and nasal spray flu vaccines are both options for vaccination.
- It's especially important that young children and children with certain long-term health problems get vaccinated.
- Caregivers of children at high risk of flu complications should get a flu vaccine. (Babies younger than 6 months are at high risk for serious flu complications, but too young to get a flu vaccine.)
- Pregnant women should get a flu vaccine to protect themselves and their baby from flu. Research shows that flu vaccination protects the baby from flu for several months after birth.
- Flu viruses are constantly changing and so flu vaccines are updated often to protect against the flu viruses that research indicates are most likely to cause illness during the upcoming flu season.

Is flu vaccine safe?

Flu vaccines are made using strict safety and production measures. Millions of people have safely received flu vaccines for decades. Flu shots and nasal spray flu vaccines are both options for vaccination. Different types of flu vaccines are licensed for different ages. Each person should get one that is appropriate for their age. CDC and the American Academy of Pediatrics recommend an annual flu vaccine for all children 6 months and older.

What are the benefits of getting a flu vaccine?

- **A flu vaccine can keep you and your child from getting sick.** When vaccine viruses and circulating viruses are matched, flu vaccination has been shown to reduce the risk of getting sick with flu by about half.
- **Flu vaccines can keep your child from being hospitalized from flu.** One recent study showed that flu vaccine reduced children's risk of flu-related pediatric intensive care unit admission by 74%.

- **Flu vaccine can prevent your child from dying from flu.**
A study using data from recent flu seasons found that flu vaccine reduced the risk of flu-associated death by half among children with high risk medical conditions and by nearly two-thirds among children without medical conditions.
- **Flu vaccination also may make your illness milder if you do get sick.**
- **Getting yourself and your child vaccinated also can protect others** who may be more vulnerable to serious flu illness, like babies and young children, older people, and people with certain long-term health problems.

What are some other ways I can protect my child against flu?

In addition to getting a flu vaccine, you and your child should take everyday actions to help prevent the spread of germs.

Stay away from people who are sick as much as possible to keep from getting sick yourself. If you or your child are sick, avoid others as much as possible to keep from infecting them. Also, remember to regularly cover your coughs and sneezes, wash your hands often, avoid touching your eyes, nose and mouth, and clean surfaces that may be contaminated with flu viruses. These everyday actions can help reduce your chances of getting sick and prevent the spread of germs to others if you are sick. However, a yearly flu vaccine is the best way to prevent flu illness.

If your child is sick

What can I do if my child gets sick?

Talk to your doctor early if you are worried about your child's illness.

Make sure your child gets plenty of rest and drinks enough fluids.

If your child is 5 years or older and does not have a long-term health problems and gets flu symptoms, including a fever and/or cough, consult your doctor as needed.

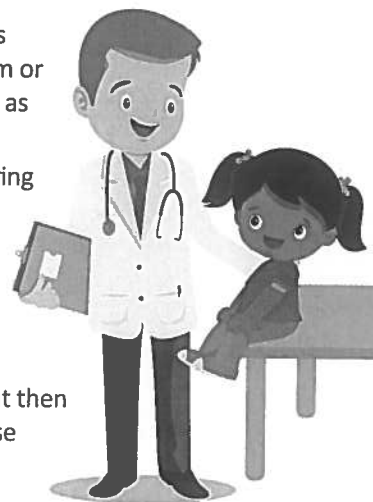
Children younger than 5 years of age – especially those younger than 2 years – and children with certain long-term health problems (including asthma, diabetes and disorders of the brain or nervous system), are at high risk of serious flu complications. Call your doctor or take your child to the doctor right away if they develop flu symptoms.

What if my child seems very sick?

Even healthy children can get very sick from flu. If your child is experiencing the following emergency warning signs, you should go to the emergency room:

- Fast breathing or trouble breathing
- Bluish or gray skin color

- Not drinking enough fluids (not going to the bathroom or not making as much urine as they normally do)
- Severe or persistent vomiting
- Not waking up or not interacting
- Being so irritable that the child does not want to be held
- Flu symptoms improve, but then return with fever and worse cough
- Fever with rash



Is there a medicine to treat flu?

Yes. Antiviral drugs are prescription medicines that can be used to treat flu illness. They can shorten your illness and make it milder, and they can prevent serious complications that could result in a hospital stay. Antivirals work best when started during the first 2 days of illness. Antiviral drugs are recommended to treat flu in people who are very sick (for example, people who are in the hospital) or people who are at high risk of serious flu complications who get flu symptoms. Antivirals can be given to children and pregnant women.

How long can a sick person spread flu to others?

People with flu may be able to infect others from 1 day before getting sick to up to 5 to 7 days after. Severely ill people or young children may be able to spread the flu longer, especially if they still have symptoms.

Can my child go to school, day care, or camp if he or she is sick?

No. Your child should stay home to rest and to avoid spreading flu to other children or caregivers.

When can my child go back to school after having flu?

Keep your child home from school, day care, or camp for at least 24 hours after their fever is gone. (The fever should be gone without the use of a fever-reducing medicine.) A fever is defined as 100°F (37.8°C) or higher.

**For more information, visit
www.cdc.gov/flu
or call 800-CDC-INFO**



U.S. Department of
Health and Human Services
Centers for Disease
Control and Prevention

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Responsibility is linked to your child's school success

Educators agree that responsible children do better in school. Luckily, parents have endless opportunities to foster responsibility.

To boost your child's responsibility:

- **Enforce a few age-appropriate rules and consequences.** State them clearly so your child knows exactly how you expect her to behave—and what will happen if she doesn't.
- **Trust her with meaningful tasks.** School-age children are capable of handling responsibilities such as picking up their rooms, setting the table and helping with the laundry.
- **Talk about financial responsibility.** Many kids receive an allowance. This provides a great opportunity to teach about budgeting, spending, saving and giving.
- **Let your child make decisions,** such as which homework assignment to tackle first. Having the responsibility of making decisions builds confidence.
- **Find ways to help others.** Discuss what it means to be a responsible member of a community. Talk about different ways your family can contribute, such as by donating gently-used clothing to a charity or volunteering your time for an important cause.
- **Adjust rules and responsibilities.** As your child matures, her abilities will change. Perhaps she can take on more grown-up chores. Or perhaps she can make new and exciting decisions. Talk about how great it feels to be responsible!

All parents can be involved in education

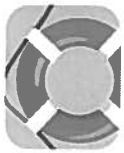


If English is not your first language, you may hesitate to get involved at school. But don't let

that stop you! There are many ways to be involved in your child's education—no matter what language you speak. Here are just a few:

- **Attend conferences and other events at the school.** Don't be afraid to request translated documents. Or, ask a friend who speaks your language and English to come with you to interpret what's being said.
- **Ask the teacher what you can do to help.** The most important things you can do to support your child can be done in any language: Ask your child about school. Schedule a regular homework time. Encourage your child to read every day.
- **Connect with other parents.** Form a group to share ideas and opportunities for better communication. Discuss ways you can partner with the school to help school staff meet the needs of all students and their families.

Tackle social problems before they affect school performance



Learning how to deal with “friends” who turn out not to be friends is a tough lesson. And it’s one that can distract your child from learning and affect his performance in school.

Talk to your child about the qualities that make someone a true friend and suggest he avoid classmates who seem:

- **Selfish.** Does the person seem to think and talk mostly about himself? Is he using your child in order to get something?
- **Phony.** Does the person say one thing and then do another?
- **Dishonest.** Someone who is a friend only because he wants to cheat on a test is not really a friend at all.

- **Unreliable.** Did he say he’d walk home with your child after school, but then head off to someone else’s house instead?

Remind your child that he is worthy of *real* friends and should stay clear of those who are not.

Source: R.M. Kidder, *Good Kids, Tough Choices: How Parents Can Help Their Children Do the Right Thing*, Jossey-Bass.

“Truly great friends are hard to find, difficult to leave, and impossible to forget.”

—G. Randolph

Set the stage for a successful transition to middle school



Will your child be heading to middle school next year? If so, the time to start preparing for that exciting transition is now.

At school, teachers are helping students get ready. At home, you can do the same thing. To support your child’s progress and independence:

- **Learn about the middle school.** Read its website regularly. Sign up for notifications on its social media pages. Visit the school. Ask for a tour. The more comfortable you and your child are at the school, the easier it will be to adjust.
- **Build school spirit.** Learn about the school’s clubs, teams, classes, colors and mascot. Talk about your child’s interests. What new and exciting things do students learn and do in middle school? Attend a student performance or game together.
- **Encourage important habits.** Your child should stick to a daily homework routine and practice staying organized. These skills will be critical in middle school and beyond.
- **Find out about summer activities** for rising middle schoolers, such as library reading programs. Ask the school for suggestions.
- **Attend events for new students and families.** Join the parent-teacher organization and ask about the volunteer opportunities. Introduce yourself to staff and other parents.
- **Find a mentor.** Do any of your neighbors or friends have children currently attending the middle school? Perhaps one could talk to your child about what it’s like.
- **Keep communicating.** Talk with your child about any concerns or questions she may have.

Are you teaching your child how to be resilient?



All kids face obstacles. Encouraging resilience helps kids overcome them. Resilient students deal with challenges in

positive ways—at home and at school. Answer *yes* or *no* to the questions below to see if you are helping your child develop resilience:

- ___ **1. Do you give your child plenty of opportunities to make decisions?** It’s a skill that improves with practice.
- ___ **2. Do you listen to your child when he is trying to make a decision without solving the problem for him?**
- ___ **3. Do you talk to your child about how you find a solution when you are faced with a problem?**
- ___ **4. Do you talk to your child about his strengths?** Children draw on their strengths when facing challenges.
- ___ **5. Do you remind your child when he’s struggling how he has handled tough situations in the past?**

How well are you doing?

Mostly *yes* answers mean you are helping your child become more resilient. For *no* answers, try those ideas from the quiz.

Elementary School
Parents
make the difference!

Practical Ideas for Parents to Help Their Children. ISSN: 1523-1275

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Positivity is key when talking to your child about grades



Your child's report card came home and it was disappointing. You know she has the ability to do well. Her teachers have

told you that every year. But she doesn't work up to her potential. What should you do?

The most important thing to remember is to keep your emotions in check. Getting angry or showing your disappointment just won't help. Instead, look for ways to encourage your child to do the best she can.

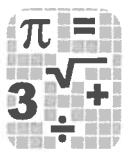
After you have had time to "digest" your child's report card:

- **Ask her to talk about her grades.** What does *she* think is going on? Does she complete her class work in school? Is she turning in her homework on time? Does she understand the lessons? Does

she think there is anything she could do differently?

- **Talk with her teacher.** Are there any issues at school? Discuss ways you can work together to boost your child's performance. Perhaps your child could stay after school for extra help.
- **Enforce a regular homework time.** During that time, the TV should be off and the computer should be used only for studying. Set a timer for 20 minutes, then let her take a short break before getting back to work.
- **Offer support.** Provide help when necessary, but don't *ever* do your child's homework for her. Let your child take responsibility for completing her work. It's the only way she will get the practice she needs to succeed in school and in life.

Help your child gain a better understanding of fractions



Learning fractions can be challenging for some students. But if your child understands how useful this math concept will be

in his everyday life, he may be more motivated to master it.

Point out all the ways you use fractions. For example, when you are cooking for four people but the recipe serves 10, you need to use fractions to divide the ingredients. When you go out to eat with two friends and the waiter brings one check, you have to figure out what one-third of the bill amounts to.

Here are some simple activities to help your child understand fractions:

- **Pour a pile of cereal on a tray.** To illustrate the concept of

one-fourth, divide the pile into four equal sections. Rearrange the pile to illustrate other fractions. Then, challenge your child to illustrate some different fractions.

- **Use measuring cups and spoons.** There is no easier way to see how many one-third cup measures it takes to make one cup. Let your child experiment to find out.
- **Make up fraction facts with your child.** One-third of the rooms in our house have windows. One-half of our family members have birthdays in October. One-fifth of the cars on this street are red.
- **Mark the passing of time with fractions.** Say, "If it takes us 20 minutes to get to Grandma's, how long will it take to get halfway there?"

Q: My older daughter is in middle school. She is a good student and talented athlete—learning and sports have always come easily to her. My younger daughter is in third grade and is quite different from her sister. She has some learning challenges and is not athletic at all. She has begun to compare herself to her older sister and always says, "I'm the failure in this family." How can I help her realize that she isn't a failure and that we love her just the way she is?

Questions & Answers

A: Younger siblings often feel like they're running to catch up. But with your love and support, your younger daughter can find ways to grow into her own special self—and improve her grades at the same time!

Research consistently shows that positive self-esteem is linked to higher school achievement. And the best way to give your child's self-esteem a boost is to discover some areas where she can be successful. Success in one area truly does lead to success in another.

What are your child's interests? If her sister is an accomplished soccer player, maybe she should try a different sport. Or maybe she'd be happier playing an instrument or acting in a school play. Help her find activities that are different from her sister's and that will give her an opportunity to shine on her own.

Point out the things your child does well. Whether it's her sense of style or her kindness to others, remind her that these are important—and that you are just as proud of those achievements as you are of her sister's soccer goals.

It Matters: Reading

Comprehension may improve with movement



Reading is often thought of as a calm and cozy activity. But research suggests that children can improve their

comprehension and memory by moving around and acting out what they've read.

Acting out a phrase or a passage can help children make connections between the words on a page and real actions. Physically crawling, for example, can help a young child understand the word *crawl* better.

Here are some strategies for you and your child to try after reading a story together:

- **Play dress up.** Dress up as favorite characters. Use props from around the house and reenact exciting scenes. Use words from the story. "I'm climbing to the *peak* of the mountain! The very top!"
- **Put on a play.** Help your child write a short skit based on the story. Gather friends and family to participate or sit in the audience and cheer him on.
- **Do a dramatic reading.** Act out the story as you read it aloud. Take turns with your child or let him perform the whole thing. Use exaggerated actions and tones to bring the story to life.
- **Plan a puppet show** and act out a few scenes from the story with your child. If you don't have puppets, make some from old socks or small paper bags.

Source: M.P. Kaschak and others, "Enacted Reading Comprehension: Using Bodily Movement to Aid the Comprehension of Abstract Text Content," *PLOS ONE*, Public Library of Science.

A trip to your local library can help your child love reading

Experts believe *all* children can enjoy reading. It's just a matter of finding the right materials. Before your next library visit, consider these five things:

1. **Your child's hobbies.** He might find an irresistible book about baseball, video games or cooking. Ask the librarian for suggestions.
2. **Different genres.** Perhaps your child would like to read a mystery, a how-to book or a biography. Consider everything!
3. **Company.** Kids who "don't like" to read often take pride in reading to others. Bring along a younger sibling, a grandparent or a favorite stuffed animal.
4. **Alternatives to books.** Your child might prefer shorter materials, such as articles, comics or recipes. All of these count as reading!



5. **Activities.** See if your local library hosts read-aloud times, or has reading-related computer games for kids.

Inspire reading by filling your home with reading materials



One of the most effective ways to get your child to read is to surround her with a wide variety of reading material. In addition to filling your home with books, magazines and newspapers:

- Let your child own some books. It's great to check out books from the library. But owning a few books can foster a sense of pride about reading in your child. You can find great deals on used books at library fundraisers, yard sales and thrift stores.
- Organize reading materials in containers, such as baskets or magazine racks. These can fit in small spaces, such as next to beds, couches and tables. They can even go in the car.
- Create a special reading spot in your child's bedroom. Provide good lighting. At bedtime, say something like, "You're old enough to stay up 15 minutes longer to read. Or, you can turn off the light at the same time as always. It's up to you." Your child will probably choose to read.

Parent & Child Activity Calendar

Elementary School

Hay Springs Public Schools



THE PARENT INSTITUTE®

Parent & Child Activity Calendar

Elementary School
Parents
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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
March 2019					1 With your child, keep a record of the moon this month. Look at the moon every night and draw what it looks like.	2 Write your child's name vertically. Have her use each letter in her name to begin a line of a poem.
3 Have your child set a weekly goal. Write it down. Invite other family members to do the same.	4 Have your child figure out the average age of family members. (Add up ages, divide by number of family members.)	5 If your child could be a famous person in history, who would he be? Why?	6 Let your child help you make a family chore chart. Everyone can check off jobs as they finish them.	7 Have a family Geography Challenge. Name a state, province or country. Who can call out the capital first?	8 Encourage your child to sort her books by subject. She can use the library's system or invent her own.	9 Let your child draw on paper with a white candle. His picture will appear when he paints over it with watercolors.
10 Set aside some time to spend one on one with your child today.	11 Create a family joke book. Write one or two jokes per page. Staple the pages together.	12 Play a game of Concentration with math flash cards. Problems with the same answer (9 x 2, 15 + 3) make a pair.	13 If your child could have just one wish, what would it be? Ask her!	14 Encourage your child to take risks as long as they don't affect his safety. For example, have him try a new food.	15 Have a family reading night. Everyone should curl up with a good book.	16 Visit the library with your child. Check out a book about science.
17 Fill glasses with different amounts of water. Have your child tap them with a metal spoon and listen to the tones.	18 Play Alphabet Mixup. Choose a word and put the letters in alphabetical order. Can your child figure out the word?	19 Talk with your child about new words that she thinks should be in the dictionary.	20 Read a story to your child. Later, ask him to retell it to you from memory.	21 Look over your child's homework. Give genuine compliments and helpful criticism.	22 At dinner, talk about how family members are achieving their weekly goals. Celebrate everyone's successes.	23 Let your child clean some dirty pennies with ketchup. Explain that this is a chemical reaction.
24 Practice origami with your child.	25 Look for a community service to do with your child. Consider donating gently-used clothes or toys.	26 List animals your child loves. If she could have any animal as a pet, which would it be? Why?	27 Watch the news with your child. Locate one place mentioned on a world map.	28 Play a game of tic-tac-toe with your child.	29 Tonight, take a walk with your child. See how many stars you can see.	30 Help your child cut an apple in half. Dip the cut edge in a shallow pan of paint. Press on paper for fruit prints.
31 Give your child a hug today.						

BUILDING READERS®

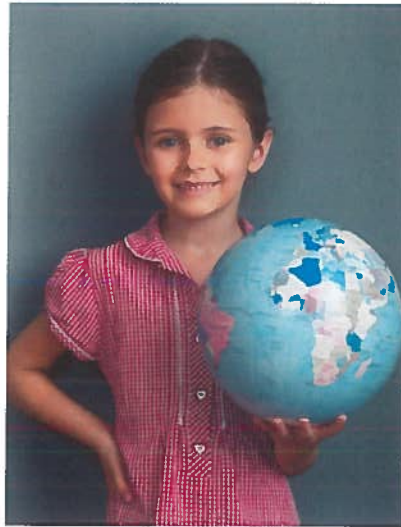
How Families Can Help Children Become Better Readers

Hay Springs Public Schools

Boost school skills while having some reading and writing fun!

There are lots of entertaining reading and writing activities that can help your child strengthen valuable skills. Encourage her to:

- **Look up events that happened** on the day she was born. Your child can write about them in a journal or use the newspaper headlines to make a poster.
- **Invent a new board game.** Have your child design the board and game pieces. Then she can write down the rules.
- **Look at a globe** and pick a country. Challenge your child to discover and share five interesting facts about it.
- **Conduct a nature study.** How many animals, birds and insects can your child find in your backyard or a local park? Have her make a list or take pictures of them so she can research the critters online.



Reading aloud offers many benefits

Even though your child is beginning to read on his own, continue reading aloud to him. Reading aloud not only gives you quality time with your child, it also exposes him to new ideas, concepts and vocabulary.

Each time you read aloud together, you are developing your child's:

- **Reading comprehension skills.** Talk about what you read. Ask your child to summarize the passage.
- **Vocabulary.** Look up new words together.
- **Listening and speaking skills.** After reading a passage, have your child tell you what he heard. Ask questions.
- **Analytic skills.** Have your child explain why events happened in the story, why a character is his favorite or why he believes the author made specific choices.

Read about spring cleaning safety

Will your older child be helping you with household cleaning chores this spring? Ask him to read the safety labels on cleaning products before he starts. Then, have him explain the label directions to you so you are both sure he understands.



Reading safety labels is a great example of how reading is essential to our daily lives.

Exposure to correct grammar improves language skills

Learning grammar rules can be tough—but reading makes it easier! When your child reads well-written text, she sees how language should be used. She'll soon learn to recognize mistakes in other materials.



Combine reading with fun

The more fun your child has reading, the more motivated he may be to keep reading! Try these ideas:

- **Play games** that involve reading, such as Boggle, Scrabble and Apples to Apples.
- **Build activities** around what your child is reading. For example, act out the story or do crafts that relate to it.
- **Keep a reading calendar.** Mark the days that he starts and finishes a book.



Help your child evaluate online information

When your child is doing a research project, help her find reputable and reliable information online. To evaluate the information she finds on the internet, your child should ask herself these questions:

- **Is the source reputable?** Be sure your child does some research on the source to see where the information is coming from.
- **Is the source biased?** Information that comes from a company might be designed to sell their product. Information from an organization might reflect a particular agenda.
- **Is the information accurate?** Do other reliable sites include the same information?
- **Is the information up-to-date?** Science studies, for example, may become outdated when newer research is completed.



Share five steps to writing success

Whether your child loves or dreads writing assignments, five steps will make them easier. Encourage him to:

1. **Prewrite.** Brainstorm and bounce ideas off someone.
2. **Draft.** Write a first copy—*without* worrying about mistakes!
3. **Revise.** Read through the paper at least once. Does everything make sense? Are there better ways to say things?
4. **Edit.** Check grammar, punctuation and spelling.
5. **Review.** Read the paper aloud to catch other mistakes.



Q: My child loves math—but will do anything to avoid reading. How can I combine the two?

A: Read books about math subjects together, such as *Why Pi?* by Johnny Ball. You can also do reading activities that involve math. For example, have her read sale signs (such as “20% off all shirts” or “Buy one pair of shoes, get the second pair free.”) Then she can figure out how much you’d pay for certain items. Challenge her to solve interesting word problems, too!

Serve your community by reading to others

Do you and your child enjoy reading aloud? Maybe you could brighten others’ days by reading to them. Consider being volunteer readers in a school, nursing home or hospital.



For lower elementary readers:

- ***Hiromi’s Hands*** by Lynne Barasch. This biography tells about chef Akira Suzuki and his daughter Hiromi, as they each discover a passion for making sushi.
- ***Mine-o-saur*** by Sudipta Bardhan-Quallen. The Mine-o-saur refuses to share his toys and his snacks—and soon he realizes he has no friends to play with! How will the Mine-o-saur solve this problem?



For upper elementary readers:

- ***Poem Runs: Baseball Poems and Paintings*** by Douglas Florian. Get ready for baseball season with this collection of poems about various positions and pieces of equipment.
- ***Bronte’s Book Club*** by Kristiana Gregory. When Bronte Bella moves to a new town, she worries about making friends. A book club helps her find things she has in common with girls in the new place.

Building Readers®

How Families Can Help Children Become Better Readers

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