

Welcome Back!

August 2017



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Superintendent's Welcome

Welcome BACK!!! On behalf of the Hay Springs Board of Education and Staff of Hay Springs Public Schools I would like to welcome everyone to the 2017-2018 school year! August is one of the most exciting times of the entire calendar year. The excitement of something "New." A new school year, new grades, new classroom, new teachers, new classmates, new schedules, new coaches, new routines, and new beginnings.

I am excited to introduce myself as the Hay Springs "New Superintendent/Principal". I was born and raised on a farm at Butte, Nebraska, attended Butte Public school and the University of Nebraska majoring in Animal Science and Agricultural Education. Butte is located 220 miles nearly straight east of Hay Springs. I taught Agricultural Science at Elgin, Nebraska for one year before returning to the family farm. In 1980 I returned to the field of education and served as the Agricultural Science teacher for Spencer, Butte, and West Boyd school systems. In 2000 I began my educational leadership program at Wayne State college and after completion of the Masters and the Educational Specialist programs I was employed as the West Boyd K-12 Principal. Over the years that followed I became the West Boyd Superintendent/Principal and served in that capacity until I retired in May of 2016. I continued to be involved in production Agriculture during those 35 years in education. My wife Susan is a Registered Nurse and served the ESU #8 as a School Nurse for three area schools the past 27 years before retiring in 2016. We were blessed with six sons and two daughters, seven of which have completed degrees at UNL with the youngest being a senior at UNK. All seven of our graduated children, are married and have blessed us with 17 grand-children. We are both excited

about the opportunity of coming to Hay Springs and becoming part of a "New" community. Please stop by the office or the house at any time if you have questions or concerns about the education of your children or just to visit and get to know each other.

On August 10th, 2017 the excitement begins with the "Back to School" Hot Dog roast from 4:30-6:30 in the school cafeteria. On Monday August 14th our students, parents, teachers, and community will get to start a new chapter within our school. I challenge everyone to make this the best school year ever! What will history say about the 2017-2018 School Year? Listed below and throughout the newsletter are some important things to know about the upcoming school year.

New Staff Members:

This year we welcome 3 new staff members to our Hay Springs Family.

*Mr. D. Russell Lechtenberg and wife Susan - Superintendent/PreK-12 Principal

*Josh Borm - Middle level Math

*Mindie Starke—Paraprofessional

*Kayla Wagnitz – Assistant custodian

Newsletter/Information:

One of the district goals is to improve in communication and getting the news of the district out to everyone in the community. Below are several ways to be informed of the great things we are doing at Hay Springs Public Schools!

*Hay Springs Public Schools will continue to have a monthly newsletter at the beginning of each month. The newsletter will be available on our district website www.hshawks.com or patrons can pick up a copy of the newsletter at the Post Office, Sackers, or the Nursing Home.

(Continued on page 2)

*Strange phrase is
back!!*

*Be on the lookout for
a "strange phrase"
and be the first to
let the school know
that you found it and
win a free
concession stand
item!!*

(Continued from page 1)

*Keep up-to-date on events and current information by following us on Twitter at @HSPublicSchool. Use the #hayspringshawks when tweeting about the school.

*Remind 101 is a great way to get text sent straight to your cell phone. Text will include school information such as school closings and information on activities. Stop in the office to pick up more information if needed.

*The district website www.hshawks.com is a great resource to use to find all the information about the school district. The website includes a lunch calendar, athletic calendar, district policy, student handbooks, coach's handbook, staff information, upcoming events, and much more.

Student Handbook Changes:

The student handbook for the 2017-2018 school year has been updated and is available to view on the district website. If you would like a hard copy of the handbook, please stop by the school office to request a copy.

Parents please take time to go over the handbook with your child/children prior to the first day of school.

First Day of School:

The first day of school for K-12 students will be August 14th. All students will be dismissed at 12:00. No lunches will be served. Preschool first day of school will be August 15th. Kindergarten through 5th grade school hours for the year will be 8:00-4:00. Middle School and High School Students will be 8:00-4:15.

Learning:

Hay Springs Public Schools has established a tradition of focusing on student learning. With the help of the parents, community members, teachers, students and staff this amazing tradition will continue and Hay Springs will reach new heights. Our students will continue to work hard, to achieve a high level of academic success. We will provide students assistance and remediation when needed, through the efforts of an outstanding teaching and support staff.

In order to learn at the highest level all students need to be in school every school day, providing the best possibility for them achieve at their greatest potential. Hay Springs Public Schools is fortunate to be able to operate on a four-day school week, therefore; we ask parents to schedule doctor appointments, trips, and other activities on Fri-



HAY SPRINGS PUBLIC
SCHOOLS IS IN THE PRO-
CESS OF PLANNING SOME
FUN ACTIVITIES FOR THE
SOLAR ECLIPSE ON AUGUST
21ST. STAY TUNED FOR
MORE DETAILS!

2017-18 FACULTY & STAFF LIST

Russell Lechtenberg	Superintendent/Principal PK-12
Kim Marx	Assistant Principal PK-12; Curriculum, Assessment, & NSSRS Facilitator; Counselor; Early Childhood Director
Shannon Langford	Business Manager
Adriene Kelly	Administrative Secretary, Athletic Director Secretary
Jessica Sherlock	Early Childhood
Jessica Mintken	Kindergarten
Kyli Heiting	1 st Grade
Crystal Vander May	2 nd Grade
Emma Strotheide	3 rd Grade
Sammy Meeks	4 th Grade
Jessie Anderson	5 th Grade
Jason Badje	Careers/Tech 8, Construction I & II, Home Maintenance, Woods & Metals, Drafting & Woods 3
Valorie Bila	Algebra I & II, Intermediate Algebra, College Algebra, Trig & Stats, A+ Math
Josh Borm	Math 6, 7, & 8, Science 7, A+ Math, Elementary Title
Brad Bounous	Geography, A+ Writing, American Gov't, American History, World History, Social Studies 8
Jodie Garrett	ACT & Scholarship Prep, Social Studies 6 & 7, Elementary Computers
Distant Learning	Spanish I & II, Housing, Art I & II
Paula Holtmeier	K-12 Special Education, Elementary Art
Linda Kudrna	Reading 7 & 8, English 7 & 8; Activities Director
Melissa Lein	Careers/Tech 7, Accounting, Intro to Business, Personal Finance, Video Production
Rachel Mandelko	PK-12 Physical Education & Health
Nichole Marcy	Title Teacher/Coordinator, Reading 6, English 6
Carole Matthews	K-12 Library, Career Tech 6
Kodi Young	Biology I, Physics, A & P, Earth Science, Science 8 & 9
Larel Reimann	IT Coordinator; Online & Distance Learning Class Monitor
Robin Shimek	English 9, 10, 11, 12, Creative Writing, Literature, Journalism I & II
Raime Varvel	Band, Choir, Elementary Music PK-5, Middle School: Music, Fine Arts & Band
Beth Jungck	Paraprofessional
Mindie Starke	Paraprofessional
Twila Weyers	Paraprofessional
Lisa Riggs	Paraprofessional
Wendy Andersen	Food Manager/Head Cook
Ricky Wohl	Custodian, Activity Driver
Kayla Wagnitz	School Custodian/Lister-Sage Custodian, Hot Lunch Server
Jim & Sandi Abbott	Route and Activity Drivers
Aaron Huckfeldt	Activity Driver
Shavona Henry	Member (2020)
Mike Hunzeker	President (2020)
Miriam Kearns	Member (2016)
Everette Langford	Secretary (2018)
Brenda Johnson	Vice President (2018)
Marilyn Reed	Treasurer (2018)

2017-2018 Coaching & Sponsorships

Linda Kudrna	Activities Director
Nichole Marcy	Cross Country Coach
Josh Borm	Football Head Coach
Isaac Hughes	Football Assistant Coach
Austin Reed	Football Jr. High Coach
Kim Davis	Volleyball Head Coach
Trisha Kudrna	Volleyball Asst. Coach
Kerisa Marx	Volleyball Jr. High Coach
Jason Badje	Girls' Basketball Head Coach
Nichole Marcy	Girls' Basketball Asst. Coach
TBA	Girls' Basketball Jr. High Coach
Josh Borm	Boys' Basketball Head Coach
TBA	Boys' Basketball Asst. Coach
Jim Varvel	Boys' Basketball Jr. High Coach
Jason Badje	Boys' Golf Coach
Chuck McCance	Wrestling Jr. High & HS Head
TBA	Wrestling Jr. High & HS Asst.
TBA	Track Jr. High & HS Head
TBA	Track Jr. High & HS Asst.
Carole Matthews	Accelerated Reader
Kerisa Marx & Morgan Weyers	All—School Play
Robin Shimek	National Honor Society
Brad Bounous	One Act Play
Brad Bounous	Quiz Bowl
Paula Holtmeier	Student Council
Raime Varvel & Beth Jungck	Choir
Robin Shimek	Yearbook
Brad Bounous	Seniors—Class of 2018
Kim Marx	Juniors—Class of 2019
Raime Varvel	Sophomores—Class of 2020
Rachel Mandelko	Freshman—Class of 2021
Nichole Marcy	8th Grade—Class of 2022
Jodie Garrett	7th Grade—Class of 2023
Josh Borm	6th Grade—Class of 2024

PreK Lunch—12:00 noon

Elementary Lunch—11:30 a.m.

Middle/High School Lunch—12:25 p.m.

Ransomware

By Larel Reimann



Ransomware, a type of malware that hackers use to block you from accessing your files, is a big and growing problem. Ransomware encrypts your files and the hackers then demand money in exchange for decrypting your files so you can access them again. If the money is paid you may or may not have your files returned. Computers running Windows are most likely to be infected although there have been a few documented cases on Macs. Prevention, across all platforms, is by far the best measure.

Ransomware does not "just happen". It gains access to your computer through most of the same channels viruses have been using for years and can be prevented using the same guidelines. Many infections come as email messages that attempt to sound familiar or beneficial, when in fact they contain links that when clicked infect your computer. Never open an email that comes from someone you don't know or from a party that you don't have legitimate business with. If opened by accident do not follow any unknown links or try to open any attachments. Malicious links can also be found in advertisements on websites, so please refrain from clicking on them.

Software updates should be kept as current as possible and antivirus software might offer some protection.

However in the case of an infection damage will be limited if all important files are backed up to external storage such as a USB stick. Back up your really important files to a USB stick!



August 8th—Teachers' First Day

August 14th—K-12 Students' First Day—Early Dismissal @ Noon

August 15th—PreK Students' First Day—Regular Day for All Grades

September 4th—NO SCHOOL—Labor Day

Hay Springs Café'teria is more than just Lunch... Hay Springs School Food Program has lots to offer our Staff and Students.

I am so excited to see you all when school starts again. I have been busy this summer operating the Summer Food Program fixing breakfast and lunch for kids and adults. We had a great turn out this summer and I always enjoying seeing my friends throughout the summer. I have been taking classes this summer, finding new menu items and new ideas to make the School Food Program better.

Lunch will still have Pizza and PBJ as Lunch main meal option each school day in addition to the daily menu selections. Breakfast program will continue to have main meal options with cereal, cereal bars/muffins, yogurt, cheese sticks as well as the menu item for each school day. This year I will be preparing fruit parfaits each morning to add to the choices the students can make.

What time does breakfast start? Breakfast starts each school day at 7:30 a.m. and ends at 7:55 a.m. If there is a Late Start, I will have muffins, breakfast bars and cereal available beginning 30 minutes before advertised school start time.

What is a Qualified Breakfast or Lunch?

Breakfast: A qualified breakfast consists of a minimum of 3 items and must include a fruit. Juice does count as a fruit. Maximum items for a qualified breakfast are 4 items and must include a fruit. If the student does not take a qualified breakfast the items will be charged at .60 cents or .40 cents.

Lunch: Qualified Lunch includes a minimum of 3 items and must include a fruit/vegetable. Maximum items for a qualified lunch are 5 items and must include a fruit/vegetable. Students get to choose between Main meal, PBJ, and Pizza Bar. There is always milk, juice and a full salad and fruit bar.

Salad Bar Only Option: Adults and Students wanting to have only salad bar are only charged \$2.00. Computers follow your orders, not your intentions.. Salad bar includes milk or juice. Salad bar only with a milk or juice still counts as a qualified meal under the National School lunch program.

How does the After School Sales work?

After School Sales begins each school day at 4:00 p.m. until 4:30 p.m. Students and Adults are able to purchase food and drinks at the kitchen. Food items can be charged to the lunch account with parents' permission, or items can be paid for with cash. Costs of items are either \$.50 or \$1.00.

Parents and Family Days:

Parents and other family members are always welcome to come and eat with their student. Once a month we plan a special event to encourage parents, grandparents, etc. to come and sit down and eat with their student s. Below is the list of dates for our 2017-18 school year:

August 30 th -	Ice Cream Day
September 12 th -	Grandparents Day
October 11 -	Bring a fireman to lunch
November 21 -	Thanksgiving Dinner
December 21 -	Christmas Dinner
January 31 -	Super Bowl
February 14 -	Valentines Day

March 14 -
April 19 -
May 8 -

St Patrick's Day
Fathers Day
Mothers Day

BackPack Program



Hay Springs Public Schools is partnering with the Food Bank of the Heartland this year to provide the Backpack program to our students. Each week a sack of food/snacks will be sent home with students participating in the program. If you would like to make a donation to help with the program or if you would like your child to participate in the program please contact Mrs. Marx at the school.

Guidelines for Administering Medication

Whenever possible your child should be provided medications by you outside of school hours. All medication (unless approved by the Administration) is to be kept in the school office and is to be administered by assigned school personnel. In order for school personnel to give medication to your child at school, the medication must be in the original labeled container, which has the student's name, licensed health care provider's name, medication name, and instructions on it. Ask your pharmacist for a second labeled bottle if necessary. The parent will need to fill out and sign a permission slip available at the office. This form will include the directions on dosage and time. This is important to enable the school to safely administer medication to your child. **DO NOT SEND MEDICINE THAT IS NOT LABELED OR IS NOT IN THE ORIGINAL CONTAINER.**

Over the counter medication such as Tylenol, cough drops, cough syrup, etc. will only be given with written permission from the parent. Medication must be provided by the parent, the school will not provide any form of medication. This permission must be renewed with each incident. If Tylenol or other over the counter medications are needed for more than two weeks, an examination by a licensed health care provider is recommended to be sure there is no serious illness present.

The Hay Springs Board of education recognizes that many students are able to attend school because of the effective use of medication for the treatment of illness and/or disabilities.

If at all possible, all prescription medications should be given at home outside of school hours. NO over the counter medicines will be given in the elementary schools; this includes acetaminophen, Tylenol, and cough medicine. Non-prescriptive medication may be used at the Middle School and High School. Medication must be provided by the parent.

The Board of Education further recognizes that some medication regimes necessitate the administering of medication during school hours; therefore, requiring a safe and effective means of administering the medication.

When medication is required during school hours the following will apply:

1. Written orders from a health care provider are required and must include the name of the drug, dosage, and time interval medication is to be taken. It must be in the original prescription bottle.
2. The parent must request, in writing, that the school district comply with the health care provider's order.
3. Medication must be brought to the school, by a parent, in a container appropriately labeled by the pharmacy or health care provider.
4. The first dose should be administered by the parent; this provides an opportunity to discuss the medication, its side effects, and benefits.
5. The school will inform the medication provider and others who need to know of the potential benefits and side effects of the drug being administered.
6. A locked cabinet must be provided for the storage of medication.
7. Only one month's supply of medication will be received and stored at a time.

Ineligibility

The ineligible list will be run weekly (generally Monday morning). Students will remain on the list until the next list is run. Grades need to be posted by 12:00 a.m. (midnight) or they may not be included when the list is run. Ineligibility list will be run between midnight and 9:00 a.m. No student will be removed from the list without the administrator approval.

To be ineligible students may have any of the following or a combination thereof: 2 D's or 1 F

If you are on the ineligible list, you will not be allowed to participate in extracurricular activities/events for the week and will not be allowed hall pass privileges. Students will also be required to attend Friday School.

Students who end the quarter or semester with an F will automatically be in Friday school until the next list is run.

Friday School

Most school districts operate on a 5-day school week, with classes running from Monday through Friday. Our district currently operates on a 4-day school week, with classes typically running from Monday through Thursday. Some students are in need of additional assistance, so Hay Springs Public Schools has decided to staff and host school on Fridays in an effort to assist students who need additional help, instruction, or support.

Any student's building administrator may require the student to attend school on Friday morning from 8:00 AM to 12:00 PM in a classroom staffed by employees of the district. Students directed to attend school on Friday will be students who, in the opinion of the administrators and teachers, (1) need additional assistance of any kind, (2) have failing grades, and/or (3) have missing assignments.

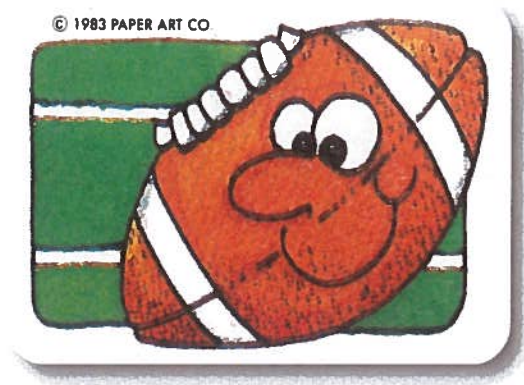
Friday school days are intended to be a learning and study time for students just like any other school day. Friday school is not a disciplinary consequence. Rather it is intended to help students who are in need of assistance. Students asked to attend Friday school as a result of or in conjunction with disciplinary action are asked to do so because they meet one of the criteria listed above and not as a part of the disciplinary consequence.

During Friday school, all of the regular policies, rules, handbooks, and codes of conduct apply, including the district's mandatory attendance policies. Failure to attend school on Friday when directed to do so by the building administrator will be counted as an absence pursuant to the district policy. Absences from Friday school must be approved in the same manner as absences from any other school day, and the district's policy governing "excused" and "unexcused" absences will apply.

Hay Springs Public Schools will not provide transportation to and from Friday school. In the event any student is entitled to transportation services by the state or federal law, transportation services will be provided as required by law.

The following rules apply:

1. No food (except snack provided) or drink (other than water) is allowed.
2. No cell phones or other personal electronic devices, including head phones.
3. No talking or disrupting others.
4. If kicked out of Friday School, the student is required to bring a parent to meet with Administration prior to reentering school.
5. Not attending Friday School will result in a parental meeting. Students will not be allowed back to school until a parent can meet with administration.
6. All teachers who have students that attend mandatory Friday School will provide the student with make-up and homework assignments.
7. Attendance will be sent to the Friday School coordinator.



“Grill and Grid Night”

HSH needs at least 10 varsity football dads to help string and paint the lines on the football field in preparation for the 2017 season. Work on the field will begin at 5:00 pm on August 7, 2017. We will be grilling burgers and offering salads and desserts to all who help out on our “Grill and Grid Night”. Please contact Linda Kudrna at 308-430-0033 or the school at 638-4434 to commit to supporting these great young men we call Hawks!

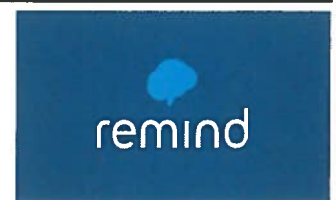
Athletic News

By Linda Kudrna



Following the "Back to School Night" on Aug. 10th there will be a short meeting in the old gym for all athletes in grades 7-12 and their parents. All athletic forms and fees can be taken care of at this time. Also, a short video informing parents and athletes about the signs and symptoms of a concussion will be presented. Thank you for your attendance.

Remind Information



Remind is an easy way to receive notifications regarding important information right on your phone. Hay Springs Schools has two main groups of remind, Hawk Parent/Student Notices and Hawk Activity Time Changes. Hawk Parent/Student Notices notifies you of information that is geared at the entire school (e.g. late starts, snow days) and Hawk Activity Time Changes is geared at athletic parents and students (e.g. event time changes or cancellations). Please make sure to sign up for one or the other, or both so you don't miss important information!!

FEES/PRICE LIST

ADMISSION PRICES AND PARTICIPATION FEES

	2016-2017	2017-2018
Varsity Events		
Adult	5.00	5.00
Senior Citizen	3.00	3.00
Student (K-12)	3.00	3.00
Pre-Kindergarten	FREE	FREE
JV or Jr. High Event		
Adult	3.00	3.00
Senior Citizen	3.00	3.00
Student (K-12)	3.00	3.00
Pre-Kindergarten	FREE	FREE
Passes (Family Pass includes: Parents and students 0-12th grades residing in the same household.)		
Family Pass	100.00	100.00
Adult Pass	40.00	40.00
Student Pass (K-12)	30.00	30.00
Participation Fees (includes free admission to home activities)		
High School	65.00	65.00
Middle School	55.00	55.00

LUNCH PRICES

	2016-2017	2017-2018
Hot Lunch Meal or One Trip Salad Bar		
Adult	3.50	3.50
6 th – 12 th Grades	3.25	3.25
PK-5 th Grades	2.75	2.75
Breakfast PK-12 th Grades	1.50	1.50
Seconds/Extras		
Main Dish	1.00	1.00
Salad Bar Only	2.00	2.00
Dessert	.50	.50
Milk	.40	.40

OTHER FEES

	2016-2017	2017-2018
Copies		
Black & White	.50	.50
Color Copies	1.00	1.00
Faxes		
1-Page	1.00 (Local)	2.00
Each Additional Page	2.50 (Long Distance)	.50
Telephone		
Local	FREE	FREE
Long Distance	.50	1.00
Lamination		
Any width	\$2.00/linear foot	\$2.00/linear foot

2017-2018

Academic Year Calendar

Hay Springs Public Schools

Early Childhood - Elementary - Middle Level - High School

Approved - January 9, 2017

Notes

T = TEACHER INSERVICE DAYS
X = NO SCHOOL
□ = STUDENT'S 1ST/LAST DAY
P = Parent-Teacher Conferences
Q = Quarter Ends

SCHOOL HOURS:

AM Prek - 8:00 to 12:00
 PM Prek - 12:00 to 4:00
 Elementary - 8:00 to 4:00
 Middle School - 8:00 to 4:15
 High School - 8:00 to 4:15

Quarter 1 Ends: 10/19/17 (39 days)
 Quarter 2 Ends: 12/21/17 (34 days)
 Quarter 3 Ends: 3/8/18 (37 days)
 Quarter 4 Ends: 5/24/18 (43 days)

MONTH: Student - Teacher

Aug: 12 - 15
 Sep: 15 - 16
 Oct: 18 - 18.5
 Nov: 16 - 17
 Dec: 12 - 12
 Jan: 18 - 19
 Feb: 14 - 15
 Mar: 17 - 17.5
 Apr: 16 - 16
 May: 15 - 16
Total: 153 - 162

September 17

Su	M	Tu	W	Th	F	Sa
						2
3	X	5	6	7	X	9
10	11	12	13	14	T	16
17	18	19	20	21	X	23
24	25	26	27	28	X	30

January 18

Su	M	Tu	W	Th	F	Sa
		X	2	3	4	6
7	8	9	10	11	X	13
14	15	16	17	18	T	20
21	22	23	24	25	X	27
28	29	30	31			

May 18

Su	M	Tu	W	Th	F	Sa
			1	2	3	5
6	7	8	9	10	X	12
13	14	15	16	17	X	19
20	21	22	23	24	T	26
27	X	X	X	X	X	

August 17

Su	M	Tu	W	Th	F	Sa
		1	2	3	4	5
6	7	T	P	T	X	12
13	14	15	16	17	X	19
20	21	22	23	24	X	26
27	28	29	30	31		

October 17

Su	M	Tu	W	Th	F	Sa
1	2	3	4	5		7
8	9	10	11	12	X	14
15	16	17	18	19	X	21
22	23	24	25	26	X	28
29	30	31				

November 17

Su	M	Tu	W	Th	F	Sa
			1	2	T	4
5	6	7	8	9	X	11
12	13	14	15	16	X	18
19	20	21	22	23	X	25
26	27	28	29	30		

December 17

Su	M	Tu	W	Th	F	Sa
						2
3	4	5	6	7	X	9
10	11	12	13	14	X	16
17	18	19	20	21	X	23
24	X	X	X	X	X	30
31						

March 18

Su	M	Tu	W	Th	F	Sa
				1		3
4	5	6	7	8	X	10
11	12	13	14	15	T	17
18	19	20	21	22	X	24
25	26	27	28	29	X	31

April 18

Su	M	Tu	W	Th	F	Sa
		X	3	4	5	7
8	9	10	11	12	X	14
15	16	17	18	19	X	21
22	23	24	25	26	X	28
29	30					

NOTES:

Graduation - May 20

Students' 1st Day - Dismissal at Noon.

Parent-Teacher Conference Day: Regular school hours - PTC's 4:15 p.m. to 8:00 p.m.

Students' Last Day - Dismissal at regular times.

February 18

Su	M	Tu	W	Th	F	Sa
				1		3
4	5	6	7	8	X	10
11	12	13	14	15	X	17
18	T	20	21	22	X	24
25	26	27	28			

June 18

Su	M	Tu	W	Th	F	Sa
						2
3	4	5	6	7	X	9
10	11	12	13	14	X	16
17	18	19	20	21	X	23
24	25	26	27	28	X	30

MANDATORY SUMMER SCHOOL

Summer School is mandatory for non-proficient students.

July 18

Su	M	Tu	W	Th	F	Sa
						7
1	X	X	X	X	X	14
8	X	X	X	X	X	21
15	X	X	X	X	X	28
22	X	X	X	X	X	
29	X	X	X	X	X	

**Protecting instructional time is important. Please schedule appointments on Friday's and other non-school days whenever possible.*



Hay Springs School District #3 2017-2018 Pre K - 12th School Supply List



PRESCHOOL AM & PM

- ☐ 1 regular backpack, labeled with student's name
- ☐ Gym Shoes with non marking soles (labeled)
- ☐ Extra change of clothing (labeled)
- ☐ 4 toothbrushes (labeled)
- ☐ 4 tubes of travel size toothpaste (labeled)
- ☐ 1 container of Baby Wipes (do not label)
- ☐ 1 large box of Kleenex (do not label)

KINDERGARTEN - 3RD AND 5TH GRADE

- ☐ \$20 - teacher will purchase school supplies (due the first day of school)
- ☐ Backpack, labeled with student's name
- ☐ Water Bottle that closes
- ☐ Gym shoes with non marking soles (labeled)
- ☐ 2 boxes of Kleenex (do not label)
- ☐ 1 - 75 count container of Clorox Wipes (do not label)
- ☐ Kindergarten Only - Extra set of clothing (labeled)
- ☐ 3rd & 5th Grade only - deodorant (labeled)

4TH GRADE

- ☐ 1 package of #2 pencils
- ☐ 1 box of Expo markers (black)
- ☐ Crayons/Colored Pencils/Markers (one of any of the three)
- ☐ Glue Stick
- ☐ Ruler
- ☐ Scissors
- ☐ Pencil Box
- ☐ 2 graph notebooks
- ☐ 10 lined notebooks (5 for first part of year, 5 for second)
- ☐ 3 to 4 pocket folders
- ☐ 1 large eraser
- ☐ 1 box pencil top erasers
- ☐ Old sock or cloth to serve as a whiteboard eraser
- ☐ 2 boxes of Kleenex
- ☐ 1-75 count container of Clorox Wipes
- ☐ Gym shoes with non marking soles

- ☐ Deodorant
- ☐ Backpack

PRESCHOOL & ELEMENTARY NOTICE

- Label all supplies (except those marked as do not label) with student's name in permanent marker.
- Send supplies in on the first day of school.
- Please do not purchase items unless indicated.

6TH-8TH GRADE

- ☐ 2-2" - 3" ring binder
- ☐ Pens (red, black, blue)
- ☐ Pencils
- ☐ 2~ Notebook
- ☐ Headphones
- ☐ 2~ Graph Paper notebook
- ☐ Simple Calculator
- ☐ Highlighters (blue, green, yellow, pink)
- ☐ 2~ 3x5 packs of note cards
- ☐ Colored pencils
- ☐ Scissors
- ☐ Glue stick
- ☐ Protractor
- ☐ Compass
- ☐ Ruler
- ☐ Physical education classes require gym shoes, gym clothes, and gym bag

9TH-12TH GRADE

- ☐ Calculator (TI-83)
- ☐ Compass
- ☐ Notebooks
- ☐ Graph Paper notebook
- ☐ Binder (2" or larger) 3 ring
- ☐ Package of loose leaf lined paper
- ☐ Pens
- ☐ Pencils
- ☐ Highlighters
- ☐ Markers (8 count thick or thin)
- ☐ Markers (Black extra fine sharpie)

- ☐ Protractor
- ☐ Ruler
- ☐ Glue stick
- ☐ Physical Education Classes - gym shoes, gym clothes, and gym bag



Certificate of Accreditation

Nebraska Department of Education

Recognizes

HAY SPRINGS PUBLIC SCHOOLS

AS AN ACCREDITED SCHOOL
FOR THE SCHOOL YEAR 2017-2018

BY THE OFFICIAL ACTION OF THE STATE BOARD OF EDUCATION

A handwritten signature in blue ink, appearing to read "Matthew L. Blomstedt", written over a horizontal line.

Matthew L. Blomstedt, Ph.D.
Commissioner of Education

A handwritten signature in blue ink, appearing to read "Freida Lange", written over a horizontal line.

Freida Lange, Administrator
Accreditation & School Improvement



Sign up for important updates from Mr. Lechtenberg.

Get information for Hay Springs Elementary School right on your phone—not on handouts.

Pick a way to receive messages for Hawk Activity Time Changes:

A

If you have a smartphone, get push notifications.

On your iPhone or Android phone, open your web browser and go to the following link:

rmd.at/hawkchange

Follow the instructions to sign up for Remind. You'll be prompted to download the mobile app.

A smartphone screen displaying a web browser with the URL "rmd.at/hawkchange". The page title is "Join Hawk Activity Time Changes". Below the title, there are two input fields: "Full Name" with the placeholder text "First and Last Name", and "Phone Number or Email Address" with the placeholder text "(555) 555-5555".

B

If you don't have a smartphone, get text notifications.

Text the message [@hawkchange](#) to the number **81010**.

If you're having trouble with **81010**, try texting [@hawkchange](#) to **(402) 513-3346**.

** Standard text message rates apply.*

A smartphone screen showing a text message interface. The "To" field contains the number "81010". The "Message" field contains the text "@hawkchange".

Don't have a mobile phone? Go to rmd.at/hawkchange on a desktop computer to sign up for email notifications.



Sign up for important updates from Mr. Lechtenberg.

Get information for Hay Springs Elementary School right on your phone—not on handouts.

Pick a way to receive messages for **Hawk Parent/Student Notices**:

A If you have a smartphone, get push notifications.

On your iPhone or Android phone, open your web browser and go to the following link:

rmd.at/hawkpar

Follow the instructions to sign up for Remind. You'll be prompted to download the mobile app.

A smartphone screen displaying the "Join Hawk Parent/Student Notices" form. The URL "rmd.at/hawkpar" is at the top. The form has two input fields: "Full Name" with the placeholder "First and Last Name", and "Phone Number or Email Address" with the placeholder "(555) 555-5555".

Join Hawk Parent/Student Notices

Full Name

First and Last Name

Phone Number or Email Address

(555) 555-5555

B If you don't have a smartphone, get text notifications.

Text the message **@hawkpar** to the number **81010**.

If you're having trouble with **81010**, try texting **@hawkpar** to **(402) 513-3346**.

** Standard text message rates apply.*

A smartphone screen showing a text message interface. The "To" field contains "81010" and the "Message" field contains "@hawkpar".

To

81010

Message

@hawkpar

Don't have a mobile phone? Go to rmd.at/hawkpar on a desktop computer to sign up for email notifications.

HEADS+UP

CONCUSSION IN HIGH SCHOOL SPORTS

A FACT SHEET FOR **ATHLETES**

What is a concussion?

A concussion is a brain injury that:

- Is caused by a bump, blow, or jolt to the head or body.
- Can change the way your brain normally works.
- Can occur during practices or games in any sport or recreational activity.
- Can happen even if you haven't been knocked out.
- Can be serious even if you've just been "dinged" or "had your bell rung."

All concussions are serious. A concussion can affect your ability to do schoolwork and other activities (such as playing video games, working on a computer, studying, driving, or exercising). Most people with a concussion get better, but it is important to give your brain time to heal.

What are the symptoms of a concussion?

You can't see a concussion, but you might notice **one or more** of the symptoms listed below or that you "don't feel right" soon after, a few days after, or even weeks after the injury.

- Headache or "pressure" in head
- Nausea or vomiting
- Balance problems or dizziness
- Double or blurry vision
- Bothered by light or noise
- Feeling sluggish, hazy, foggy, or groggy
- Difficulty paying attention
- Memory problems
- Confusion

What should I do if I think I have a concussion?

- **Tell your coaches and your parents.** Never ignore a bump or blow to the head even if you feel fine. Also, tell your coach right away if you think you have a concussion or if one of your teammates might have a concussion.
- **Get a medical check-up.** A doctor or other health care professional can tell if you have a concussion and when it is OK to return to play.
- **Give yourself time to get better.** If you have a concussion, your brain needs time to heal. While your brain is still healing, you are much more likely to have another concussion. Repeat concussions can increase the time it takes for you to recover and may cause more damage to your brain. It is important to rest and not return to play until you get the OK from your health care professional that you are symptom-free.

How can I prevent a concussion?

Every sport is different, but there are steps you can take to protect yourself.

- Use the proper sports equipment, including personal protective equipment. In order for equipment to protect you, it must be:
 - The right equipment for the game, position, or activity
 - Worn correctly and the correct size and fit
 - Used every time you play or practice
- Follow your coach's rules for safety and the rules of the sport.
- Practice good sportsmanship at all times.

If you think you have a concussion:

Don't hide it. Report it. Take time to recover.

It's better to miss one game than the whole season.

For more information and to order additional materials **free-of-charge**, visit: www.cdc.gov/Concussion.

U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
CENTERS FOR DISEASE CONTROL AND PREVENTION



HEADS UP CONCUSSION IN HIGH SCHOOL SPORTS

A FACT SHEET FOR PARENTS

What is a concussion?

A concussion is a brain injury. Concussions are caused by a bump, blow, or jolt to the head or body. Even a “ding,” “getting your bell rung,” or what seems to be a mild bump or blow to the head can be serious.

What are the signs and symptoms?

You can’t see a concussion. Signs and symptoms of concussion can show up right after the injury or may not appear or be noticed until days after the injury. If your teen reports **one or more** symptoms of concussion listed below, or if you notice the symptoms yourself, keep your teen out of play and seek medical attention right away.

Signs Observed by Parents or Guardians	Symptoms Reported by Athlete
<ul style="list-style-type: none"> • Appears dazed or stunned • Is confused about assignment or position • Forgets an instruction • Is unsure of game, score, or opponent • Moves clumsily • Answers questions slowly • Loses consciousness (even briefly) • Shows mood, behavior, or personality changes • Can’t recall events <i>prior</i> to hit or fall • Can’t recall events <i>after</i> hit or fall 	<ul style="list-style-type: none"> • Headache or “pressure” in head • Nausea or vomiting • Balance problems or dizziness • Double or blurry vision • Sensitivity to light or noise • Feeling sluggish, hazy, foggy, or groggy • Concentration or memory problems • Confusion • Just not “feeling right” or is “feeling down”

How can you help your teen prevent a concussion?

Every sport is different, but there are steps your teens can take to protect themselves from concussion and other injuries.

- Make sure they wear the right protective equipment for their activity. It should fit properly, be well maintained, and be worn consistently and correctly.

- Ensure that they follow their coaches' rules for safety and the rules of the sport.
- Encourage them to practice good sportsmanship at all times.

What should you do if you think your teen has a concussion?

- 1. Keep your teen out of play.** If your teen has a concussion, her/his brain needs time to heal. Don’t let your teen return to play the day of the injury and until a health care professional, experienced in evaluating for concussion, says your teen is symptom-free and it’s OK to return to play. A repeat concussion that occurs before the brain recovers from the first—usually within a short period of time (hours, days, or weeks)—can slow recovery or increase the likelihood of having long-term problems. In rare cases, repeat concussions can result in edema (brain swelling), permanent brain damage, and even death.
- 2. Seek medical attention right away.** A health care professional experienced in evaluating for concussion will be able to decide how serious the concussion is and when it is safe for your teen to return to sports.
- 3. Teach your teen that it’s not smart to play with a concussion.** Rest is key after a concussion. Sometimes athletes wrongly believe that it shows strength and courage to play injured. Discourage others from pressuring injured athletes to play. Don’t let your teen convince you that s/he’s “just fine.”
- 4. Tell all of your teen’s coaches and the student’s school nurse about ANY concussion.** Coaches, school nurses, and other school staff should know if your teen has ever had a concussion. Your teen may need to limit activities while s/he is recovering from a concussion. Things such as studying, driving, working on a computer, playing video games, or exercising may cause concussion symptoms to reappear or get worse. Talk to your health care professional, as well as your teen’s coaches, school nurse, and teachers. If needed, they can help adjust your teen’s school activities during her/his recovery.

If you think your teen has a concussion:

Don’t assess it yourself. Take him/her out of play.
Seek the advice of a health care professional.

It’s better to miss one game than the whole season.

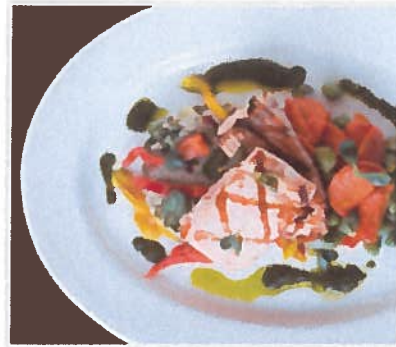
For more information and to order additional materials **free-of-charge**, visit: www.cdc.gov/Concussion.



AUGUST 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Menus are subject to change.	FRUIT OF THE MONTH: Peaches & Kiwi	1	2	3	4	5
6	7	8	9	10	11	12
**Breakfast Cereals, yogurt, cheese sticks, muffins, breakfast bars. New item will be Parfaits.						
13	14	15	16	17	18	19
Frut and Veggie bar is available for breakfast and lunch each school day	**Breakfast: Sausage Biscuit, Fruit Bar, No Lunch Dismiss early	Breakfast: Biscuits and Gravy Lunch: Pizza, Sidekicks (Pizza Machine will have Breaded Cheese Stick, Burritos, Quesos)	Breakfast: French Toast Stix Lunch: (NEW) Totchos (Tator Tots instead of chips) or Tacos, Churros	Breakfast: Omlettes/Scrambled Eggs/Hash brown Lunch: Fried Chicken or Chicken Strips, Mashed Potatoes/gravy		EACH SCHOOL DAY MAIN MEAL CHOICES INCLUDE: PBJ/PIZZA BAR
20	21	22	23	24	25	26
	Breakfast: Omelette, Muffin/biscuit, fruit Lunch: Moon Sandwich, moon pies, star chips (Sack Lunch)	Breakfast: Sliders Lunch: Breaded Beef Patty/mashed potatoes & gravy, (New) Pasta Salad	Breakfast: Breakfast Pizzat Lunch: (New) Fish Sandwich or Blt Wraps, Smiley Fries	Breakfast: Breakfast on a stick/ Fruit N Yogurt/Cereal Lunch: Mandarin Chicken/Chicken Nuggets, Rice		
27	28	29	30	31		
	Breakfast: Omelette/Scones, Fruit Lunch: Hamburgers w/Fries/or Chicken Patty	Breakfast: Muffins/Danish/ Fruit Lunch: Chicken Fajita/Chicken Nuggets/corn	Breakfast: (New)Waffles Dunkers/Dutch Waffles Lunch: Walking taco / (New) Taco Boat Ice Cream Day	Breakfast: Biscuits N Gravy Lunch: (New) Meatball Subs or Turkey Subs, Chips		
NOTES: Breakfast is served from 7:30 a.m. to 7:55 a.m. Lunch: Elementary - 11:30 a.m. MS/HS: 12:30						

In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call toll free (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish).



Hay Springs School Cafeteria

***Breakfast Menus**
***PK - 12 Grade Lunch Menus**

***All menus are served with milk. Water is available in the lunchroom area.**

August 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7 FB Practice Starts "Grill & Grid Night" 5 pm	8	9	10 Back to School Night 4:30-6:30 pm Concussion Night 6:30	11	12
13	14 School Starts KG-12 Dismissal at noon VB & CC Practice starts	15 Preschool Starts	16	17	18	19
20	21 Eclipse Party	22	23	24 PTO Show in Old Auditorium 7 pm Festival	25 HS FB home VS. Sioux County 7pm	26 School open for tours
27	28	29	30 Ice Cream Day - Lunch	31 HS VB Tri. @ Hyannis 4pm JH VB @ St. Agnes 5pm		

ACTIVITIES

WELCOME BACK TO SCHOOL



Notices

ASBESTOS UPDATE: Notice is hereby given by Hay Springs Public Schools District #3, Sheridan County, Nebraska, that Asbestos Management Plan for said school is on file in the administrative offices of each school. PGE has examined all buildings of said school and the results and recommendations of said inspection are included in the Management Plan. All materials containing asbestos shall receive periodic surveillance and shall be re-inspected each six months and each three years. Response actions as recommended in the Management Plan have been completed for abatement and re-insulation.

USDA NOTICE

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410 or call toll free (866) 632-9992 (voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339 or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer.

BACK TO SCHOOL NIGHT!

Come One, Come All!

FREE

Hot Dog, Chips and Drink

Thursday, August 10th

4:30 PM-6:30 PM

In the Cafeteria!



College Planning

Educational Planning Programs coming to our area: Follow this link for that information and much more regarding college planning. It is never too early to start!

<http://www.educationquest.org/educational-planning-programs/>

