

Hay Springs Public Schools

September 2015

Superintendent's News

Beginning of the School Year Reminders



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Wow!! What an excellent way to start the school year! Thank you to all the parents, students and staff members for making the start of the school year such a wonderful experience. Our Back To School Night was a huge success with several families, students and members of the community attending. If you were not able to make this event I would encourage you to attend next school year!

We want to remind parents and students of school procedures. Listed below are several items we ask parents to discuss with their children. Also as a reminder the student handbook and district policies (soon to come) can be found on our district website at www.hshawks.com.

Thank you for sharing your child/children with us! If you have any questions, concerns, or comments please stop by the school, call or email me at jason.cline@hshawks.com.

grounds. Elementary students are crossing the street and do not always watch for cars. Parents will be notified if we see students driving carelessly around the school.

Elementary Students at School Activities: Please be reminded that elementary students must be accompanied by an adult to attend football games, volleyball games, or school activities. Students that attend school events need to stay seated with parents or friends.

Security – use main office door:

All visitors must enter through the main office doors. There they will be greeted by an office secretary. This allows us to monitor who comes and goes during the school day. All other doors are locked during the school day. Please do not knock on the door and ask students to let you in.

Reminder: All visitors must enter through the main office doors.

Arrival To School:

Students are arriving too early to school in the morning. Students eating breakfast can begin eating breakfast at 7:30 am. **Students not eating breakfast need to arrive after 7:45 am.** Elementary students will be allowed on the playground after 7:45 am when the playground monitor comes out to supervise students. Elementary students are not to be in the building prior to 8:00 am unless arrangements are made with their classroom teacher.

Cell Phone Use:

Students are allowed to have their cell phones at school. Students are permitted to use their phones before school, after school, during lunch, and between classes. We only ask that phones not be used during class instructional time.

Parents please take time to review cell phone use with your children. Phones that go off during class will be taken and sent to the office. A student can pay a \$20 fine OR a parent may come to the school and pick it up in person at no cost.

Safe Driving:

Parents, if your child drives to school please remind them to drive slowly around the school when they arrive or leave school

Tips from Home & School Connection

Be there! Regular attendance in elementary school sets up a good pattern for your child's entire school career. Show him/her that school comes first by trying to keep days off for illnesses and family emergencies. Also, schedule routine appointments for after school, days off, or over school breaks.

After-school chats! Set aside time each day to go through his/her papers. Look over your youngster's work together. Help him/her feel proud by making positive comments about what they've done. Have your child talk through a math problem or explain the assignment to show what was learned.



From the Counselor's Desk

Hello, I am Heather Cline and will be working as the School Counselor Aid this year. I am extremely excited to have this opportunity to meet the students and families of Hay Springs. I graduated from Kansas State University in Family Studies and Human Services in 2002. I have worked in mental health with children ages two to nineteen. I have also taught pre-school and most currently taught At-risk high school students in completing their high school diplomas in a therapeutic alternative school setting. I am currently working on my Master's in School Counseling from Fort Hays State University. I enjoy working with each age group as I find every age group is unique and exciting. Please feel free to contact me with any questions. I look forward to a wonderful school year.

It's that time of year when Senior parents begin asking their student about next year and their plans for next year. Yes, this can be a very stressful year; however, it does not have to be. I will be sending out several text messages this year keeping parents and Seniors up to date on ACT information, scholarship information, and college visits. Please let me know if there are any questions. The application process has changed just a little, please ask that is what I am here for.

To all parents of K-12 students, my door is always open and I will be updating the counselor corner on Hay Springs main page with information to help guide parents on hot topics which are currently trending among our students. Beginning September I will be meeting with students K-8 creating a "Building Better Character" program among our students. This is a program to teach our students how to become better role models, students, and life learners. Please contact me if there are any questions via email: heather.cline@hshawks.com or 638-4434.

DATES TO REMEMBER:

8/24 JR/SR Parent Meeting @7pm
9/10 9th/10th Parent Meeting @7pm
9/18 ACT Deadline for Oct 24 Test Date
9/23 UNL Rep Visiting During Lunch (12:30)

ACT INFO:

www.actstudent.org

School Code: 281065

SCHOLARSHIP INFO:

www.EducationQuest.org

<http://www.fafsa.gov>

www.education.ne.gov/ss/USSYP.html (United States Youth Senate Program \$5000)

NO SCHOOL!

LABOR DAY

September 7, 2015



September 7th—Labor Day NO SCHOOL

September 10th—Freshman/Sophomore
Parent's Meeting

Hometcoming is set for the week of October 5th!

Parent's Nights will be Oct. 23rd for Hawks Football and Oct. 27th for Lady Hawks Volleyball!

School pictures are tentatively scheduled for October 20th & 21st.

Meet Our New Faces

KODI YOUNG

I am married and have three children that keep me busy with all of their school activities. I was born and raised north of Crawford, Nebraska. Like several Hay Spring students, I attended a rural school during my grade school years. After graduating from Crawford High, I attended Chadron State College where, after several changes in my program, I graduated with a BS in Education. My first real teaching job was teaching 7-12 science at Oelrichs South Dakota. I taught there for four years before coming to Hay Springs. I am excited for the new experience this year and hope that I do not have too many late nights preparing for class and grading papers.

JESSICA MINTKEN

The preschool teacher. I have two boys, Gage (4th) and Easton (kindergarten) and a husband, Buck, who is a financial adviser. We live south of Hay Springs, in the old Banner School, which we have just about finished remodeling.

I have 25 preschoolers currently. 14 in the AM class and 11 in the PM class. We have been working hard on routine and how to listen to people who are speaking. My goal for the AM class is to work hard on social skills, while learning colors and shapes. The same goal applies for the PM, but I plan to add fine motor skills, letters and numbers. Hope this works!

ML/HS After School Program

The middle level and high school ASP will remain the same as in the past. It is held in Mrs. Cline's room. If you have 1 F or 2 D's on Monday morning you are ineligible for activities for the week and will be required to attend ASP until your grades are C's or better and teachers have signed off.

Students wishing to complete homework or needing help with homework are also welcome to attend.

We will be having the elementary After School Program (Elementary ASP) after the first quarter. We will share more information as it gets closer.

PE Class Reminders

- ◇ Please do not dress in a skirt or dress for PE.
- ◇ Remember that every student participating in PE needs to have a separate pair of athletic shoes for the Lister-Sage building
- ◇ Students are encouraged to bring deodorant to use after PE



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Café'teria News

By Wendy Palmer



Breakfast: Breakfast is the most important meal of the day. Your body has not had any nourishment for over 8 hours. You need to feed your body breakfast so it can think, jump, drive and all the things we ask our bodies to do. If you don't have time to eat at home, stop by the Café'teria here at school and grab a breakfast to go or sit and eat with your friends. Sometimes our students don't get up in time to eat and are not really that hungry when they get to school. Breakfast to go is a great alternative for them because our students can grab a breakfast to go and put it in their locker. They can snack on it in between classes.



Lunch: The students and teachers have been enjoying the addition of the boxed lunch as a menu choice during lunch. My biggest challenge has been to guess how many to make each day. I will have a sign up board for students and staff so I can make sure to meet the demand. Staff can give me a call or email me as well. The students still love the PBJ's as a main meal alternative as well as great afterschool snack to get them through athletic practices.



After School Lunch Sales: The Café'teria is open from 4:00 p.m. to 4:30 p.m. each school day for students and staff to grab left over lunch items, baked goods, fruits & vegetables, milk or juice. These items can be purchased or charged to the family lunch account. Students you need to make sure that your parents are okay with you charging additional items to the lunch account.

Music Notes

By Raime Varvel

With a few weeks under our belt we are pretty much running like a well oiled machine, well, kind of. It has been great getting back into the routine of making music with your students.



We will again be doing the semester enrichment project. In this project the students have 2 choices. *Choice #1-Write a paper on a given composer. The paper will include what era the composer lived and worked, any interesting details about the composer's life, famous works the composer composed. Choice #2-Attend a concert at Chadron State College with Mrs. Varvel. Transportation will be provided. Dates will be discussed and given well in advance. Most concerts are free to the public. My goal with this project is to give the students an opportunity to 1. see how their skills can be used past high school and 2. hear quality performance. Students will be expected to attend at least 1 a semester, of course they can opt to go to as many as they wish.*

After School Band Club (ASBC) will be starting up again this year, meeting on Mondays & Wednesdays from 4:15-5:00. Any music student is welcome, however it is mainly geared for 5th-8th grade students working on their Band Ninja belts. Mrs. Varvel will be there to work with students on Monday's and Mrs. Jungck will be there on Wednesdays. This is a great op-

(Continued on page 5)

FCA News

By Jim Varvel



The Hay Springs Fellowship of Christian Athletes (FCA) booster club is preparing for another school year. The mission of FCA is to present to athletes and coaches and all whom they influence the challenge and adventure of receiving Jesus Christ as Savior and Lord, serving Him in their relationships and in the fellowship of the church.

The booster club has set up a tentative date to start up the huddle.

Monday, August 31st – Huddle start with the Junior High and High School Students in Lister during lunch. This Huddle will continue on a weekly basis every Monday. You do not have to be an athlete to attend.

You will also see us serving in concession stands or serving meals at games. The use of these funds is to pay for Hay Springs student athletes to attend summer camps and paying 100% of those costs. We paid full tuition for 9 student athletes this past summer to attend FCA camp in Spearfish, SD.

We would also like to recognize the wonderful coaches and athletic director who devote their time, talents and service to our athletes. Thank you for all that you do!

If anyone has any questions in regards to FCA or wants to become involved please don't hesitate to give me a call at (308)320-4445.

God Bless

Music Notes *(Continued from page 4)*

portunity for students who are behind to catch up or for students who are excelling to move ahead. We will begin ASBC on Monday, September 14.

Mrs. Jungck is again going to be helping with Middle Level choir and band. These students should be practicing at home. They have to earn 1 belt a quarter. We are encouraging students to bring their instruments to school on Monday and take them home on Wednesday. You should hear them practicing over the weekend.

The 6th, 7th & 8th grade band students have a 100 day practice challenge. The first student who completes the 100 days will win a \$40 gift card, the second student will win a \$30 gift card, the 3rd student will win a \$20 gift card and the fourth student will win a \$10 gift card. ANY student who completes the challenge before Christmas vacation will be invited to a pizza party. Please encourage your student to be practicing!!

www.hshawks.com

High School Football

By Jared Maez, High School Football Coach

This season is my first year as head coach of the Hay Springs Hawks. I am very anxious to get this season started. We have a great group of kids who have a lot of potential and have the ability to turn heads this season. In the back-field we have our three headed monster, also known as our Seniors: Austin Reed, Jake Johnson, and Colton Wolken. These three guys are going to be relied on to carry a big load for the team this year, and I know I can rely on them to get the job done. After that I have a very young group of guys, but are nonetheless just as talented as the next guy. Coach Summers has done an excellent job with the kids and I'm looking forward to seeing how much they can achieve as a team on defense. We have a strong group of leaders and a strong core of young guys and with that I believe there's nothing we can't achieve together. I am looking forward to a great season. GO HAWKS!!!

are spending a lot of time developing our defense skills and I am very impressed with improvement. Come out and support the Lady Hawks, we will be looking forward to seeing everyone.

Junior High Volleyball

Hello, my name is Kerisa Marx and this is my first year as the Junior High Volleyball coach. I graduated from Hay Springs in 2012 and am currently attending Chadron State College pursuing a degree in High School math and science with a coaching endorsement. Although this is my first year as the junior high coach it is not my first experience with coaching. This past spring I was the 3-6 Grade Youth Volleyball coach, which I plan to do again this spring.

Our team this year is mostly made up of seventh graders, but they are not lacking in experience. Most of them played last year when sixth graders could play on the junior high team. Some of these girls also played on the youth volleyball team where we focused a lot on the fundamentals of the game. Our two eighth graders will also be able to add to this experience as well as our leadership out on the court. My main goal this year is to really focus on fundamentals and teamwork. By the end of the season I want every girl to know how to pass, set, hit, and block.

High School Volleyball

By Coach Trisha Kudrna

The Hay Springs Lady Hawks volleyball team has been working very diligently this season. I am excited to work with such a young and talented group of girls for my first year of coaching. The girls have spent many hours in the gym this summer, so I am very anxious to see their hard work pay off during the season. Offensively the lady hawks should be a threat this season. We

TENTATIVE PICTURE DAYS SCHEDULES

Monday, October 19th

- Group Band Pictures

Tuesday, October 20th

- Elementary Teachers and Para's (prior to school)
 - Morning PreK (will eat breakfast at 9a)
 - Kindergarten
 - 1st Grade
 - 2nd Grade
 - 3rd Grade
 - 4th Grade
 - 5th Grade
- Community Pictures 11:30 to 12:30 pm—Please call Shiela if this time does not work for you.

Wednesday, October 21st

- ML/HS Teacher (prior to school)
 - 6th Grade & Class Officers
 - 7th Grade & Class Officers
 - 8th Grade & Class Officers
 - 9th Grade & Class Officers
- Afternoon PreK (come to school at 11:15a)
 - 10th Grade & Class Officers
 - 11th Grade & Class Officers
 - 12th Grade Class Officers
 - Other Staff
 - Student Council
- Individual Band Pictures (3pm)
 - Jr. High VB (after school)

Hay Springs Community Youth Tackle Football

By Ryan Turman, Brad Johnson, Justin Anderson, Chris McDonald and Jim Varvel

We are excited to announce that 26 Young Hawks have joined the football ranks this fall. The Dorothy Anderson Memorial and the City of Hay Springs have generously donated funds to purchase football equipment. We will be represented with a 3rd/4th grade team and also a 5th/6th grade team playing against teams from Morrill, Chadron, Hemingford and Crawford. We would also like to thank the many moms, dads and grandparents for devoting time this fall to make this possible. We hope to see you at one of our games.

Junior High Football

My name is Cody Ehrman, and it is my first year coaching JH Football, alongside Isaac Hughes. We are excited to see what the upcoming season will bring as we have a great group of young men. We hope to continue building on the success of last year's season by furthering their knowledge of the game, as well as making it as fun as possible for the players. In addition to teaching them about the game, we are looking forward to learning from the players what it takes to be better coaches. We hope that we learn just as much from them as they will learn from us. Once again, we are excited to work with these young men and are looking forward to see what we can make happen on the gridiron.

Next Stop Adulthood: Tips For Parents

Becoming a young adult is exciting, difficult, and scary for both parents and teens. It is a time of increasing independence and change, no matter what the situation.

For example:

- Going to college
- Moving out
- Starting a job
- Staying at home

Teach Independence

Learning to be independent does not happen overnight. Just like getting a driver's license, it occurs over time and in steps.

- Learner's permit—learning new skills with supervision License with limitations—taking on some responsibilities, but with parental support
- Full license—being fully responsible for one's own actions Parents need to give up much of the control over many of their young adult's decisions.

But parents still worry about their child's safety, health, and success. This is where you need to trust the job you have done as a parent.

Let Go, But Stay Connected

Parents give guidance and feedback to their children at every age, but giving advice to a young adult is different from telling a child what to do or teaching a child how to do something.

Giving and Getting Advice: Young adults need to know that everybody needs advice and help from others for the rest of their lives. Parents now need to be open to getting advice and feedback from their adult children.

Effective Communication Is An Important Part of This New Relationship: Open and honest communication is key. Even though some topics may be difficult or even embarrassing for you, this is the basis of a healthy adult relationship with your child.

Understanding Each Other May Be Difficult: There may be times when you do not agree with each other, and conflicts may occur. Try not to let getting mad or angry turn into a fight. Fights don't solve problems; they make new ones.

Be A Role Model: Solve problems and conflicts with respect for your teen.

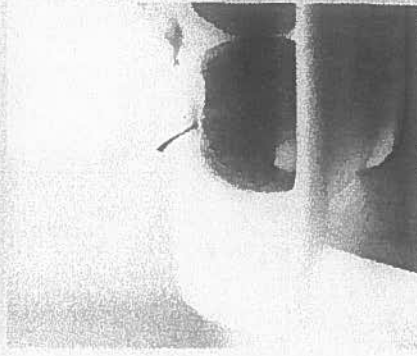
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		Band Display 4:30-5:30 1	2	HS VB Tri. @ Hyannis 4pm JH VB @ St. Agnes 4pm 3	JH CC @ Gering 10 am HS VB @ Rapid City Christian 4pm HS FB @ RCC 7pm 4	HS VB home vs. Oelrichs 12 noon 5
6	NO SCHOOL 7	HS VB Tri. @ Hemingford 5pm 8	9	Freshman- Sophomore Parent Meeting 7pm (Mrs. Cline's room) 10	HS FB home vs. Edgemont 2pm HS VB home vs. Edgemont 4:30 pm 11	JH CC @ Chadron 10am HS VB Sheridan Cnty invite JV@ HSPS V@ Gordon 12
13		JH FB @ Oelrichs 5pm Grandparent's Day Special Day 14 15	16	17	18	JH CC @ Alliance 9am JH VB and FB home vs. Crawford 9am HS VB @ Hemingford 19
Western Nebraska Wrestling Tournament (all day) 20		JH FB @ Morrill 5pm 21 22	23	JH CC @ Gordon/Rushvil le 4pm HS VB @ Leyton/Mitchell Tri. @ Leyton 4:30 pm 24	HS FB @ Potter-Dix 7pm 25	HS VB @ Mitchell Tourney TBA JH VB PANCO @ home TBA 26
27	28	29	30			

SEPTEMBER

2015

NOTES:

The installation of the football lights should be
done in time for our first football game. Go
Hawks!



- * School Breakfast menus
- * PK - 12 Lunch Menus
- * All menus are served with milk. Water is available in the lunchroom area.
- * Salad Bar is offered daily unless posted.

[illegible]